

NEWSLETTER OF YADAVINDRA PUBLIC SCHOOL, PATIALA

ECA ACTIVITIES

- 16 Inter-School ECA competitions.
- 7 MUN Conferences.

SNEAK PEEK

- 5 International Round Square Conferences.
- 4 National Round Square Conferences.
- 8 Inter-House ECA competitions.









ISC and ICSE results.

- Investiture Ceremony.
- Academic Day.
- Change of Command.
- Exclusive Boarders' night.
 - House Nights.

SPORTS ACTIVITIES

- 4 IPSC Tournaments.
- 11 CISCE Tournaments at Regional, Zonal and National levels.
- 14 District level tournaments.
- 3 State level tournaments.
- 3 National level tournaments
- 3 Inter-School matches.
- 11 Inter-House matches.



CHANGE OF COMMAND



Mr. Navin Kumar Dixit assumed responsibility as the 12th Headmaster of Yadavindra Public School on 15th July, 2024. He took over from the previous Director, Maj Gen B S Grewal, VSM [retd.]

He is an alumnus of the esteemed Jodhpur University, holds a Master of Science degree in the subject of Mathematics, has an experience of 28 years of teaching and 19 years of administrative experience. He began his distinguished career in education in 1996 at the Air Force School,

Jodhpur. He later served at Army School, Dagshai, before joining Mayo College, Ajmer, in 1999 where he significantly impacted the academic community over his 25-year tenure. He held numerous key positions including Headmaster of the Senior School, Chairman of the Games committee, Educational Consultant and Secretary to the Collaboration Committee of the Mayo College General Council.

His contribution to education has been recognised with the National

Leadership Award for promoting Co-Curricular Education.

In his inaugural address, Mr. Dixit emphasised his commitment to the welfare and development of students, maintaining the highest standards of discipline, integrity and excellence in academic and extracurricular pursuits. He acknowledged the vital role of staff and parents in the growth curve of children and highlighted the accomplishments of the school's esteemed alumni citing it as an important source of inspiration.

The school looks forward to attaining new heights under his able guidance and direction.



INVESTITURE CEREMONY 2024-25

The ceremony commenced with a meticulously choreographed march of the newly appointed prefects onto the stage. The Director, Maj Gen BS Grewal (VSM), bestowed upon the appointments their collar-dogs and ties. This was followed by the oath, wherein the new appointments pledged to uphold the honour and integrity of the school, abide by the rules, and carry out the duties and responsibilities entrusted to them to the best of their ability. The recitation of the School Song followed closely.

Shortly thereafter, the Director delivered an inspiring address that stirred the prefects into action, urging them to fulfill their responsibilities



with diligence.

This session's Prefectorial Body boasts of 7 students of DRH and 9 of MH and PH both. The structure of the Prefectorial Body of this academic cycle is typified by a proportionate representation of boarders and day scholars.

The appointments are as follows:

SCHOOL APPOINTMENTS

- Mallik Arjun Ahluwalia and Vardhan Bansal (Joint Head Boys)
- ii) Divroop Kaur Sandhu (Head Girl)
- iii) Ira Mittal (Deputy Head Girl)
- iv) Labib Mushtaq Wani (Games and Sports Captain)
- v) Gulnaaz Kaur Dhillon (Games and Sports Captain)
- vi) Daksh Taneja (Extra-Curricular Activities Captain)
- vii) Jannat Sachdeva (Extra-Curricular Activities Captain)
- viii) Hiren Jain (Extra-Curricular Activities Prefect)

- ix) Raunaq Sharma (Extra-Curricular Activities Prefect)
- x) Shaurya Goyal (Games and Sports Prefect)
- xi) Arsheen Kaur (Games and Sports Prefect)
- HOUSE APPOINTMENTS
- DRH
- i) Mohin Dhiman (House i) Captain-Boys)
- ii) Gunraj Kaur (House Captain-Girls
- iii) Inayait Kaur Mann (GBH iii) Captain) iv)
- iv) Sumer Sidhu (Prefect)

- MH
- i) Vedant Singh (House Captain-Boys)
- ii) Anvi Gupta (House Captain-Girls)
- iii) Parth Dhiman (Prefect)
- iv) Dhriti Jain (Prefect)
- PF
- i) Mankomal Singh (House Captain-Boys)
- ii) Sabiha Bhandohal (House Captain-Girls)
- iii) Aaryan Puri (Prefect)
- iv) Inayat Gill (Prefect)
- v) Hasrat Kaur Brar (GBH Prefect)

Real leadership is about transforming limitations into possibilities

- Robin Sharma

COL FRANK VON GOLDSTEIN MEMORIAL DEBATE



The 31st rendition of the prestigious Frank Von Goldstein Memorial Inter-School Debate took place from 9th May to 11th May, 2024, transforming the school into an electrifying arena of intellect and eloquence. Goldstein 2024 featured a vast range of intellectually provocative motions and witnessed the participation of fourteen highly respected institutions comprising of forty-two formidable debaters.

On 9th May, 2024, the teachers and students alike congregated outside the AV Room to participate in an icebreaking session.

10th May, 2024, witnessed a series of several horizon-expanding debates and intelligent confabulations centred on six challenging prompts. After the

Preliminary Round and Quarter Finals, teams from Welham Girls' School (Dehradun), Armed Forces Preparatory Institute (Mohali), Yadavindra Public School (Patiala), and Bhavan Vidyalaya (Chandigarh) progressed to the Semi-Finals, having secured victories in the preceding rounds.

The Semi-Final Round transpired on the morning of 11th May, 2024. YPS Patiala and AFPI Mohali put forth a diverse variety of arguments on the motion 'Media Trials are Stumbling Blocks in the Way of Justice', whilst BVC Chandigarh and Welham Girls' Dehradun tackled the prompt 'Limiting Coaching Centres Only to Students Aged 16+ is an Impractical Idea' with extreme finesse and

eloquence. YPS Patiala and BVC, Chandigarh emerged victorious, advancing to the Finals of the prestigious event. AFPI Mohali faced Welham Girls in the Hardliners, debating the motion 'The War on Terror is a Lost Cause'. The riveting arguments put forth by Welham Girls led them to secure the third position, while Anhad Khatumria of AFPI Mohali was awarded the Judges' Special Award.

The Finals followed closely, with YPS, Patiala, and BVC, Chandigarh, deliberating on the motion 'Destiny, Thy Name is Chance. 'Team YPS Patiala comprising of Mallik Arjun Ahluwalia, Divroop Kaur and Asees Kaur Waraich gave a tough fight to the team Bhavan Vidyalaya in the finals to clinch the coveted trophy. Mallik Arjun Ahluwalia was awarded the title of 'Best Debater.'

The Final Day event was graced by the Chief Guest, Lt Gen (Dr) J S Cheema PVSM, AVSM, VSM (Retd), Vice Chancellor, Maharaja Bhupinder Singh Sports University, Patiala. He lauded the students and praised their commendable performance, engineering the perfect end to the 31st edition of the prestigious debate.

ISC & ICSE RESULTS

Yadavindrians Clinch the Top Positions in the District

Yet again, the students of YPS have proven their mettle and shown the world that it is definitely possible to engage in a plethora of extracurricular activities and sports and still outshine the entire district in academics!

Avraj Singh Manchanda of ICSE has scored 98.6% and Karaninder Singh of ISC, Science stream has scored 97.25% thereby reserving the top spot in the entire district.











ICSE RESULT

Out of 126 students in class X, 33 have scored above 90%, 42 students scored over 80% and the rest passed with distinction.

The toppers are:

Avraj Singh Manchanda 98.6% Jasnoor Kaur Sarin 98.2% III Sifet Kaur & Vanshika 98%





ISC RESULT

Out of a total of 75 students in class XII, 24 scored above 90% marks, 31 students scored over 80% and the rest passed with distinction.

The toppers are:

Science Karaninder Singh 97.25% Commerce Kabir Sabharwal 94% Humanities Enayat Kaur Sandhu 96.75%



ACADEMIC DAY CELEBRATIONS



YPS celebrated its 75th Annual Academic Day on the 10th of August, 2024, graced by the esteemed presence of Mr. Vivek Atray, a motivational speaker and former IAS Officer, along with several other distinguished luminaries. The event began on a spiritual note with a soulful musical performance and the ceremonial Lighting of the Lamp, followed by a heartfelt rendition of the School Song.

Next in line was the Annual School Report of the Senior Wing, delivered by Mallik Arjun Ahluwalia (Head Boy) and Divroop Kaur Sandhu (Head Girl). The Annual Junior Wing Report was read out by Dakshveer Singh and Inaara Kaur Jagirdar. Shortly thereafter, the YPS fraternity formally welcomed Mr. Navin Kumar Dixit, the newly appointed Headmaster, with a warm speech. The welcome speech was followed by the Headmaster's Address, where Mr. Navin Kumar Dixit expounded his vision for the school and lauded the students and teachers for producing excellent academic results.

Next in the sequence was the Prize

Distribution Ceremony, where the keen academicians of the school were felicitated for having displayed exemplary performances. Soon thereafter, Mr. Vivek Atray left the audience entranced with a motivational speech about the power of human agency, with every word resonating deeply. The speech was followed by an electrifying fusion of Kathak and Bhangra, filling the air with life and energy. After all was said and done, the event drew to an end with the singing of the National Anthem. The 2024 iteration of the Annual Academic Day was indeed an affair worthy of praise, filling our hearts with both pride and determination.

TROPHIES & MEDALS

- 1. Karishma Sandhu Memorial Trophy [Jr. School] Sarah Jain
- M.K Anand Memorial Award for the Best Result in Maths & Science [Jr. School] - Sarah Jain
- 3. Inderjit Kaur Memorial Medal for the Best Academic Result [Jr. School] Sarah Jain
- 4. Best All Round Trophy [Jr. School] Sarah Jain & Viresh Jindal
- Best Debater of the Year [Middle School] Kyna Gupta
- 6. Meetinder Singh Art Shield [Middle School] Aisha Gupta
- 7. S. Harnam Singh Bal Maths Genius Award of Rs. 3750/- each [Middle School] Sana Pandhi
- 8. Best Academic Result in [Middle School] Aisha Gupta & Lakshya Dhablania
- 9. Amica Nehal Memorial Award [Music]-**Abhinavjeet Singh Kainth**
- 10. AI & Robotics Excellence Trophy Rehaan Raj
- Inderjeet Singh Batra Medal for Best Academic -Progress Parth Dhiman
- 12. Cariappa Art Shield [Sr. School] Jahnavi Jain
- Dhaliwal Silver Medal for Best Essay In English -Bir Angad Singh
- Best Debater of the Year [Sr. School] [Rhency Debating Trophy & Dr. Karansher Sidhu Scholarship of Rs. 10,000] Mallik Arjun Ahluwalia

2023-24 PRIZEWINNERS

VIE

Gaurika Singla 1st Position, Platinum, Science, Academic Torch [Rs. 5000] Geetanshi Singla- 2nd Position, Platinum, Art, Mandarin & G.K., Academic Torch [Rs. 5000]

Shashank Gupta - Platinum, Maths,

Academic Torch [Rs. 5000]

Meharamat Kaur - Platinum, Academic Torch [Rs. 5000]

Ansh Goel - Platinum, Computer Science

Kabir Singh Shergill Platinum, Hindi

Platinum- Adityaveer Chahal, Ambreen Kaur Talwar, Antaar Singh Jammu, Aravali Sharma, Ebaadat Singh, Gurjas Kaur, Prisha Goyal, Saanvi Khanna

VIO

Sabrina Singh - 1st Position, Platinum Paramveer Singh Ganda - 2nd Position, Platinum

Platinum- Aanya Braich, Darsh Tiwari, Daksh Gupta, Kanav Singla, Nlisa Jain, Pareena Jolly, Raghav Mangla, Samaira Grewal, Samrath Singh Gill, Suhavi Walia

VIN

Parnika Makan- 1st Position, Platinum, English, Social

Studies, Science, Punjabi, Academic Torch [Rs. 5000], Rijul Aggarwal 2nd

Position, Platinum

Platinum- Amayra Gupta, Arjunveer Singh,

Chiragveer Singh, Daiwik Singh

Ghumman, Utkarsh Gupta

VIIE

Kyna Gupta - 1st Position, Platinum, English, Art, G.k

& Mandarin, Academic Torch [Rs. 5000]

Aashna Sharma- 2nd Position, Platinum, Academic Torch

[Rs. 5000]

Akanksha Singh- Platinum, Academic Torch [Rs. 5000]

Divagam Singh - Platinum, Hindi VIII P Platinum- Aanya Jawanda, Gursher Inder Singh Chahal, Aisha Gupta -1st Position, Platinum, English, Maths, Harpartap Singh Sidhu, Japman Sarin, Jihaan Science, Art, G.K, Mandarin, Academic Mittal, Navika Gupta, Samrat Singh Boparai, Torch [Rs. 5000] Vineet Sharma Aditya Thakur - 2nd Position, Platinum, Social Studies, VIIO Academic Torch [Rs. 5000] Shreya Gupta- 1st Position, Platinum, Computer Dhruy Jindal -Platinum, Maths Science, Academic Torch [Rs. 5000] Pearl Kohli, Prisha Mahindru, Sparsh Platinum -Bikramjit Singh-2nd Position, Platinum, Social Studies, Dhawan, Vanya Singla Academic Torch [Rs. 5000] IX E Samreet Kaur- Platinum, Punjabi, Hindi Rehaan Gupta - 1st Position, Platinum, Social Studies, Gurasees Kamboj, Mehreen Kaur, Platinum-Science, Economics, Academic Torch Pranay Bansal, Tanveen Bindra [Rs. 5000] **VIIN** Aryan Gupta -2nd Position, Platinum, Physical Education Prabhmehar Kaur- 1st Position, Platinum, Science, Platinum -Aarav Bansal, Gurtaj Singh Academic Torch Sandhu [Rs. 5000] IXO Kuljus Singh Narang- 2nd Position, Platinum, Maths Shreevardhan - 1st Position, Platinum, Punjabi, Platinum- Angadbir Singh Thind, Anhad Kaur, Guntaas Dev Thapliyal - Computer, Science, Academic Torch Kaur, Hartejbir Singh Buttar, Kanwarinderjit Singh, Kohli, Karanbir Singh, Manraj Singh [Rs. 5000] Jolly Manan Rai -2nd Position, Platinum, Academic Torch VII P Sood [Rs. 5000] Romil Garg -1st Position, Platinum Krishiv Bansal - Platinum, Academic Torch [Rs. 5000] Navika Kaushal- 2nd Position, Platinum Karanveer -Platinum, English Platinum - Caroline Singh, Harkunvarjit Singh Khaira Singh Rai [Boarder Rs. 5000], Manaandeep Singh Platinum -Abhinvjeet Singh Kainth, Vansh Singla Walia, Sukhmandeep Singh, Shabdbir Singh **IXN** Dhindsa Tarvar Pratap Singh Navrajinder -1st Position, Platinum, Academic Torch VIIIE Singh Kaleka [Rs. 5000] Yashica Jindal - 1st Position, Platinum Gursifat Kaur - 2nd position, Platinum Suhab Kaur -2nd Position, Platinum Sekhon Platinum -Arpit Goyal Platinum -Pravir Singh VIII O **IXP** Yash Raj Singh-1st Position, Platinum, Academic Torch Vriti Sharma -1st Position, Platinum [Rs. 5000] Gaatha Mittal - 2nd Position, Platinum Divleen Kaur - 2nd Position, Platinum, Livgovind-Platinum, Maths Computer Science Platinum -Asees Kaur Waraich, Parihaan Jagdevan Sana Pandhi -2nd Position, Platinum Zorawar Singh Ahluwalia Platinum -Bisam Pratap Singh, Ishleen K ΧE Sachdeva, Nehchalbir Singh Dhillon, Avraj Singh -1st Position, Platinum, English, Maths Pragun Bansal, Tejasveer Singh Virk, Manchanda -Academic Torch [Rs. 5000] Vaibhav Singla Renee Dhadli -2nd Position, Platinum, Punjabi, VIII N Computer Academic Torch [Rs. 5000] Lakshya-1st Position, Platinum, Hindi, Platinum -Harmanmeet Singh Batra Dhablania -Punjabi, Academic Torch [Rs. 5000] XO Naysa Gupta -2nd Position, Platinum, Academic Jasnoor Kaur -1st Position, Platinum, Art Torch [Rs. 5000] Sarin Hridyaansh Kapil - Platinum, Computer Science Hetal Badhwar - 2nd Position, Platinum Platinum -Ayaan Gupta, Ayaan Modi, Bani Kaur, Platinum -Hargun Gill, Iman Ajit Singh Khokhar Jaanya Ahluwalia, Srishti Dhawan Tripti Jain

Maanit Gupta - 1st Position, Platinum, Academic Torch

[Rs. 5000]

Aahana Goel - 2nd Position, Platinum

Platinum -Bhomik Goyal, Satvik Gupta

ΧP

Udayravjot-1st Position, Platinum, Science.

Economics Academic Torch Singh

[Rs. 5000]

Vanshika -2nd Position, Platinum, Social Studies,

Academic Torch [Rs. 5000]

Sifet Kaur -Platinum, Hindi, Physical Education

XIARTS

Mallik Arjun -1st Position, Platinum, History, Political

Ahluwalia Science, Psychology, Economics

Academic Torch [Rs. 5000]

XI C

Brahmjot Singh - 1st Position, Diamond, Commerce,

Academic Torch [Rs. 5000]

Vardhan Bansal - 2nd Position, Diamond,

Physical education

Academic Torch [Rs. 5000]

XISC

Divroop Kaur -1st Position, Platinum, English, Physics

Sandhu Chemistry, Computer Science,

Academic Torch [Rs. 5000]

Mohin Dhiman - 2nd Position, Diamond, Maths,

Academic Torch [Rs. 5000]

XII Arts

Enavat Kaur -1st Position, Platinum,

Sandhu Physical Education, English, Psychology,

Economics, Punjabi, Academic Torch

[Rs. 5000] [Boarder Rs. 5000]

Samaira Singh - 2nd Position, Diamond,

History, Political

Science, Academic Torch [Rs. 5000]

XII C

Kabir Sabharwal - 1st Position, Diamond

XII Sc

Brar

Karaninder Singh - 1st Position, Platinum, Maths, Physics,

Academic Torch [Rs. 5000]

Keerat Singh -

2nd Position, Platinum, Chemistry, Computer Science, Academic Torch

[Rs. 5000]

Gurkirpa -Singh Sarao Academic Torch [Rs. 5000]

Congratulations

Sabia Kansal, a student of class VII has brought laurels to school by winning Gold Medal in National Abacus Competition held at Delhi organised by Brain o' Brain Kids' Academy.

Headboys of YPS lead the way!

Event: Debate and Speech League

Host: IIT Mumbai [Indian Debating Society & IIT Debating Society

Pan India, 950 students participated. 70 were selected for the Semi Final round.

Mallik Arjun Ahluwalia, the present Headboy of YPS, Patiala, won the Silver Medal in the senior category.

The wonderboy of YPS never ceases to amaze: He has also been selected as one of the 85 commended poets in the Foyle Young Poets of the Year Award 2024. His entry was placed among the top 100 out of 17000 entries sent globally.

Uday Batra, Former Headboy [2023-2024] is one of the few Indians to have secured admission to the highly selective Dyson School of Applied Economics and Management at Cornell University, an IVY League institution in New York.



Lights Camera Action!

Mr.Sukhpal Singh, HOD Language Department got the opportunity to enact the leading role in a short Punjabi film titled ,'Keeri da Aata', produced by K. Nazm Films and released on YouTube.

The film has been well received and

revolves around the poignant mother son relation that refuses to lose its warmth even when children grow up into adults.

He has also played a significant role in another Punjabi movie, 'Zurrat', which deals with the menace of drug abuse among youth.

Become the kind of leader that people would follow voluntarily, even if you had no title or position. "

- Brian Tracy

INTER HOUSE COMPETITIONS

INTER HOUSE CULTURAL FEST

House Nights for Senior & Middle School

(a) Dramatics-English Play I MH

II PH III DRH

- 1. Ira Mittal Outstanding Performance
- 2. **Vardhan Bansal & Divroop Kaur** Commendable Performance



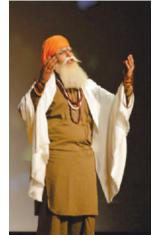




Dramatics- Punjabi Play

I MH II PH

III DRH



BestActor

- 1. Hemayat Cheema
- 2. Divroop Kaur Sandhu
- 3. Rupinder Sandhu



(b) Rock Band

I DRH

II PH

III MH



(c) Semi Classical Dance

I PH

II DRH

III MH



(d) 'Bhangra'

I PH

II DRH

III MH



MIDDLE SCHOOL

1. Hindi Debate

House positions: I MH

II PH III DRH

Outstanding Performance:

(i) Aashna Sharma VIII(ii) Aravali Sharma VII

(iii) Shashank Gupta VII

Commendable Performance:

(i) Kriday Jindal VI

(ii) Samrat Singh Boparai VIII

2. English Debate- 1st Term

House Positions: I MH

II DRH

III PH

Certificates of Appreciation

(i) Gurnoor Kaur VIII(ii) Kabir Singh Shergill VII

(iii) Viresh Jindal VI(iv) Amayra Sood VI

3. English Debate- 2nd Term

House Positions: I MH

II DRH

III PH

Certificates of Appreciation:

(i) Fateh Singh Virk VI

(ii) Sarah Jain VI

(iii) Harpratap Singh Sidhu VIII

(iv) Zohaan Singh Vohra VI

(v) Nlisa Jain VII

(vi) Aashna Sharma VIII

(vii) Special award for Boarders' Round-Rihaana

Aggarwal (VIII)

SENIOR SCHOOL

1. English Debate – 1st Term

House Positions: I MH

II DRH

III PH

Certificates of Appreciation

(i) Ira Mittal XII

(ii) Asees Kaur Waraich X

(iii) Manan Rai Sood X

(iv) Shree Vardhan Dev Thapliyal X

2. English Debate – 2nd Term

House Positions: I PH

II DRH

III MH

Certificates of Appreciation:

(i) Renee Dhadli XI

(ii) Vriti Sharma X

(iii) Janya Ahluwalia IX

(iv) Aditya Thakur IX

(v) Krishiv Bansal X

(vi) Kritik Jain XI

3. Punjabi Debate

House positions: I DRH

II MH

III PH

Outstanding Performance:

(i) Tehzeeb Cheema XI

(ii) Jasman Kaur XII

Commendable Performance:

(i) Sanchi IX

(ii) Iman Ajit Singh XI

(iii) Bhavneet XI

4. Inter House Science Ouiz

House Positions: I PH

IIMH

III DRH

Participants of the winning team are-

XII Divroop Kaur Sandhu

XI Tanvi Bhasin, Renee Dhadli

X Rudra Verma, Navraj Inder Kaleka, Krishiv Bansal

IX Ridham Bansal, Sparsh Dhawan, Aditya Thakur

NEWS FROM THE BOARDING HOUSES

NO BOREDOM FOR BOARDERS

Let no one say that they are away from their families and thus are subjected to a strict routine of academics and sports! Our dear boarders are no different when it comes to having a bit of fun on weekends. Be it watching latest movies, jam sessions, cycling trips or getting to know the neighbourhood well, they have done it all.

Sharing a few glimpses...





Visit to the Army Cantonment



Cycling trip

TED Talk at Thapar University, Patiala

A group of 28 students from GBH and Boys Boarding along with two staff members visited Thapar College of Engineering and Technology at Patiala to attend the TED Talk TIET.

Celebration of Mother's Day









Exclusive Boarders' Night

The first edition of the Boarders' Night was held on 17th August to motivate and encourage the boarders to showcase their talents with confidence and without fear.







Boarders' interaction with their Pastoral Care Teachers

The Headmaster, Mr. Navin Kumar Dixit, started a new trend of formally introducing the boarders to their Pastoral care teachers in an exclusive meeting.



Life as a boarder.....



When the rain hampers their games, the boarders invent a new game!



Friends & Music...... the perfect combination!



Beating the stress...





Taking a break from books

Supervised computer time



It helps to remain grounded....

NCC, NSS, IAYP & AFS REPORTS

AFS

Minori Inomae has come on a 10month exchange program to YPS from Tokyo. She is being hosted by the family of Kamaya Kaura of class VI. She is currently enrolled in Class XI Humanities stream and is ardently trying to learn the vernacular along with improving her English speaking skills. Her ever ready smile and gentle mannerisms have made her a well sought after friend for all Yadavindrians. She recently took part in the DRH Bhangra dance as part of the House Nights and took everyone by surprise with her nimble and all too perfect bhangra steps.



Minori performing bhangra with ease and perfection

Mr. Jaswant Singh, senior Mathematics teacher, has successfully completed AFS Global Up Educator level as part of the AFS Global STEM Educators' program. This 20-hour online learning course equips teachers to become more globally competent and learn how to develop global competence in their students.



1. Tree plantation on Van Mahotsav







2. Donation drive [Clothes, stationery toys & essential items] in Modern School, Gurmandi & Polo Ground



3. Road Safety Club Activity

Two seminars were held on the topic of Road Safety in August wherein senior Road Safety Club students went to classes IV & V and distributed 120 chalaan books and spread the message of importance of observing road safety rules. They also explained how to fill the chalaan books.



NCC Report

- 22 cadets took part in the ATC -87 Camp (Annual Training Camp) which was held in Chandigarh University from 2nd June to 11th Jun 2024.
- As a part of NCC training, 8 cadets took part in the two days' unit level camp and they participated in the *Firing, Drill and Flaying* in the month of August 2024.
- On 5th August, cadets participated in Poster making, Logo designing & slogan writing as part of 'Surakshit Bharat Viksit Bharat'

activity.

- Cadets take part in many social service activities conducted in the school like Donation drives, tree plantation, cycling and cleanliness movement etc.
- On 1st September, all cadets attended a power point presentation by an army officer on the topic-'How to join the Armed Forces,'
- In the month of September, 5 cadets took part in RDC trials in

which 3 Cadets were selected as the Best Cadets for RDC Camp.

- 1. Riyan Arora
- 2. Divyanshi Pathak
- 3. Lavanya Chhokra
- On the occasion of Gandhi Jayanti & Lal Bahadur Shastri Jayanti YPS all NCC students took part in the Swabhav Swachhata Sanskaar Abhiyan highlighting the values of cleanliness and moral responsibility.

INTER-SCHOOL EVENTS

1. **Event:** World Scholar's Cup, 2024

[Regional Round]

Host: Learning Paths School, Mohali

Theme: Reconstructing the Present

Participants & Medal Tally

Senior Category

ΧI	Maanvit Suri	3 Gold	1 Silver
X	Abhinavjeet Singh Kainth		
	Avreen Kaur Bains	3 Gold	3 Silver
	Srija Jain	1 Gold	2 Silver
IX	Yash Raj Singh	5 Gold	2 Silver
	Naysa Gupta	1 Gold	4 Silver

Junior Category

VIII	Shamsheer K Randhawa	2 Gold	I Silver
	Sukhmandeep Singh	2 Gold	
	Gurnoor Kaur Thind	5 Gold	3 Silver
VII	Sabrina Singh	2 Gold	1 Silver
	Inayatinder Chahal	4 Gold	2 Silver
	Dhruvi Garg	9 Gold	4 Silver

2. **Event:** World Scholar's Cup, 2024 [Global Round]

Venue: Bangkok

Theme: Reconstructing the Present

Participants & Medal Tally

Senior Category- 16 SILVER MEDALS

XI Kaashvi Gupta 4 SILVER Maanvit Suri 2 SILVER

X Srija Jain 1 TROPHY & 2 SILVER

IX Yashraj Singh 3 SILVER
Naysa Gupta 3 SILVER
Gurshehzaad Singh 1 SILVER

Junior Category- 9 GOLD & 12 SILVER MEDALS

VIII Safira Sandhu 1 GOLD 3 SILVER
Shamsheer Kaur 1 GOLD 3 SILVER
Gurnoor Kaur 2 GOLD 1 SILVER
Sukhmandeep Singh 2 GOLD 2 SILVER

VII Inayatinder Kaur 1 GOLD 1 SILVER Sabrina Singh 2 GOLD 2 SILVER

3. **Event:** Astronomy Fest- 'Akaashganga'

Host: Thapar University, Patiala

Participants: 28 students of class XI participated in different categories like-Astronomy Quiz, Art Competition & Space Walk

AWARDS

Astronomy Quiz

Harshjot Singh & Ramandeep Kaur 1st POSITION
Armaan Nakai & Bhavneet Sadhra 2nd POSITION
Painting Competition

Daksh Taneja 3rd POSITION

4. **Events:** English Debate, Dramatic Interpretation English Persuasive Speaking

Host School: Vivek High School, Chandigarh

Participants:

Debate- Mallik Arjun Ahluwalia & Divroop Kaur Sandhu [XII] Asees Waraich [X]

Dramatic Interpretation- Ira Mittal [XII]

Persuasive Speaking - Karanveer Singh Rai [X]

AWARDS:

Debate team won the RUNNERS UPTROPHY

Divroop Kaur Sandhu BEST SPEAKER Preliminary Round

5. **Event:** History Quiz & Science Quiz

Host School: Vivek High School, Chandigarh

Participants:

History Quiz – Tehdil Singh [XII], Anubhav Verma [XI] Rehaan Gupta [X]

Postal Stamp Making- Anhad Kaur [VIII],

Geetanshi Singla [VII]

Science Quiz - Imanajit Singh, Pranvat Singh,

Naysa Gupta

Renee Dhadli, Armaan Singh &

Kritik Jain [XI]

6. **Event:** Padma Shri J K Kate Memorial All India Inter-School

Knowledge Conclave

Host School: Punjab Public School, Nabha

Participants:

XII Ira Mittal, Divroop Kaur Sandhu & Mallik Arjun

XI Anubhav Verma, Rasha Dhaliwal

X Shreevardhan Dev Thapliyal, Karanveer Singh Rai Asees Kaur Waraich

AWARDS:

Mallik Arjun Ahluwalia BEST SPEAKER -Turncoat Debate

Ira Mittal 3RD PRIZE – Storytelling
Shreevardhan Dev Thapliyal & Anubhav Verma
2nd PRIZE

- Quiz Competition

7. **Event:** Sherwood Quest English Debate & Quiz Competition

Host School: Sherwood College, Nainital

Participants: Debate Team

XI Kritik Jain X Krishiv Bansal VIII Kyna Gupta

Ouiz Team

XI Ananya Gupta, Prabhmehar Kaur

AWARDS:

Kyna Gupta TROPHY for STRIVING FOR EXCELLENCE

Kritik Jain CONSOLATION PRIZE for Turncoat Debate

8. **Event:** 7th Mohinder Memorial Turncoat Debate **Host School:** Pinegrove School, Dharampur

Participants:

XI Anubhav Verma

X Shreevardhan Dev Thapliyal & Karanveer Singh Rai

AWARDS:

Anubhav & Shreevardhan - 2nd PRIZE YPS, Patiala Team- RUNNERS UP TROPHY

CREATIVE ARTS

Event: 'Capta Caelum'- Reach for the Sky
 Host: Wynberg Allen School, Mussoorie

Participants:

BAND

XII Aaryan Puri, Raunaq Sharma, Dhriti Jain

X Krishna Mittal, Rehaan Gupta, Abhinavjeet Singh

IX Dhruv Jindal, Aarav Sharma

3-D CANVAS PAINTING

XII Daksh Taneja

X Tejas Kaur Shergill

DRESS DESIGN- HEAD GEAR

XII Sehajpreet Kaur, Alina Jain

IX Sargun Panag

PHOTOGRAPHY

X Gurasees Kaur

VIDEOGRAPHY

XI Pranvat Singh

IX Lavanya Chhokra

AWARDS

Tejas Kaur Shergill MOST PROMISING ARTIST

AWARD

Abhinavjeet Singh MOST PROMISING SINGER

AWARD

IT & ROBOTICS

10. Event: Informatics & Robotics SymposiumHost: Yadavindra Public School, Mohali

Participants:

XI Maanvit Suri

VIII Khyati Garg, Zorawar Singh Kohli, Rhea Sharma Tanishka Bharadwaj, Aadhrit Goyal

VII Mehrab Singh, Sabadasees Kaur Kohli, Tasneem, Ryan Kamra

VI Pratham, Reyan Singh

Activities: Robo War, My Innovation, Tug of War, PPT, Roborace, Visual Voyage, Fastest Line Follower

AWARDS

Maanvit Suri 1st POSITION in Visual Voyage

Ryan Kamra & Sabadasees Kaur Kohli 1st POSITION in 'My Innovation'

11. Event: Technology ConclaveHost: Doon School, Dehradun

Participants:

XI Pranvat Singh Dang

X Rehaan Raj

IX Jayveer Walia & Viraaj SinghVIII Bikram Singh & Riyaan Kansal

AWARDS

Pranvat Singh & Bikram Singh 2nd POSITION in

Robo Soccer

Rehaan Raj 2nd POSITION in

Fastest Line Follower

Event: Whizfest 2.0 2024 [Whizrobo Robotics]
 Host School: Manay Rachna International School,
 LDH

Participants:

VIII Mayur Kapila, Kanwar Zubair Singh Rana,

Khyati Garg

VII Mehraab Singh, Sabadasees Kaur, Tasneem,

Kaur, Manmehar Kaur

VI Kabir Johri, Rajvansh Bansal, Parth Sharma, Pratham Gupta, Reyan Singh

AWARDS

Khyati, Kabir, Kanwar & Mayur FIRST POSITION for Best Presentation for 'My Innovation'

BUSINESS & COMMERCE

13. **Event:** 'Negotium Agon' [Business Quiz] **Host:** Wynberg Allen School, Mussoorie

Participants:

XII Jannat Sachdeva & Fatehjit Singh Pannu [Quiz]

Guntaj Singh [Video Making]

Vinamerveer Jaggi [Instagram page]

XI Lakshabir Singh [Auction]

AWARDS:

Jannat Sachdeva OUTSTANDING AWARD

[Business Quiz]

14. **Event:** Business Fest

Host School: Vivek High School, Chandigarh

Participants:

XII Jannat Sachdeva, Fatehjit Singh Pannu [Quiz]
Mankomal Singh & Guntaj Singh [Video Making]
Vardhan Bansal, Vinamerveer Jaggi [Logo designing]

XI Harsheen Kaur [Business Venture]
Harmanmeet Singh [Quiz]

WORKSHOPS, SEMINARS & VISITS

15. Event: Technical Session on 'Low Earth Orbit

Satellites & Thaparsat'

Host: Thapar University, Patiala

16 students of XI Science and Humanities attended the

session.

The Eisenhower Matrix

Dwight Eisenhower was the 34th President of the United States, serving two terms from 1953 to 1961. Before becoming president, Eisenhower was a five-star general in the United States Army, served as the Supreme Commander of the Allied Forces in Europe during World War II, and was responsible for planning and executing invasions of North Africa, France, and Germany. Eisenhower had an incredible ability to sustain his productivity not just for weeks or months, but for decades.

His most famous productivity strategy is known as the Eisenhower Box (or Eisenhower Matrix) and it's a simple decision-making tool that everyone can use.

He advocated separating your actions based on 4 possibilities.

- 1. Urgent and important (tasks you will do immediately).
- 2. Important, but not urgent (tasks you will schedule to do later).
- 3. Urgent, but not important (tasks you will delegate to someone else).
- 4. Neither urgent nor important (tasks that you will eliminate).

	URGENT	NOT URGENT
IMPORTANT	DO Do it now. Write article for today.	Schedule a time to do it. Exercising. Calling family and friends. Researching articles. Long-term biz strategy.
NOT IMPORTANT	DELEGATE Who can do it for you? Scheduling interviews. Booking flights. Approving comments. Answering certain emails. Sharing articles.	DELETE Eliminate it. Watching television. Checking social media. Sorting through junk mail.

The great thing about this matrix is that it can be used for broad productivity plans ("How should I spend my time each week?") and for smaller, daily plans ("What should I do today?").

Urgent tasks are things that you feel like you need to react to: emails, phone calls, texts, news stories.

Meanwhile, in the words of Brett McKay, "Important tasks are things that contribute to our long-term mission, values, and goals." Separating these differences is simple enough to do once, but doing so continually can be tough.

Most of us spend too much of our time in the wrong quadrants. We need to be more judicious about how we prioritize and we should find ways to delegate the things that don't need to be done today and/or by us.

The reason Eisenhower Matrix is preferred is that it provides a clear framework for making the decisions over and over again and like anything in life, consistency is the hard part.

ROUND SQUARE CONFERENCES

Round Square is an international network of 250+ likeminded schools in 50 countries that connect and collaborate to offer world class programmes and experiences that develop global competence, character and confidence in our students.

INTERNATIONAL CONFERENCES

Host: Ashbury College, Canada [zoom postcard]
 Theme: Round Square Brainbash

Participants:

X Navraj

IX Jayveer, Manraj

VIII Tanishka, Kanwarpartap, Japman Sarin

The main ideals focused upon during the conference were internationalism, democracy, environment, adventure, leadership and service.

2. **Host:** St. Mary's Colchester, U.K [zoom postcard] **Theme:** Climate Change: from Anxiety to Action

Participants:

IX Yashica Jindal, Sanchi & Kanwal Aaffreen Kaur Brar VIII Ebaadat Singh

Students shared their concerns and endeavours to protect the environment.

3. **Host:** Holy Trinity College, Argentina

[Zoom Postcard]

Theme: Great Leaders

Topic: A Great Leader Can Change the World in an Instant

Participants:

XI Prabhmehar Kaur, Naemat Dhaliwal, Ananya Gupta Aikam Sidhu, Priyanka Bhardwaj

This conference aimed to foster cross-cultural understanding and global perspectives among students. It was structured around presentations by students who highlighted key leaders from their countries, followed by discussions on their impact on national & global levels.

4. **Host:** St. George's Grammar School, South Africa **Theme:** Is it Ethical? Innovation in Science & Technology

Participants:

XI Ashmanpreet Bhangar, Minori Inomae, Lakshabir Singh & Adeev Bansal

Students gathered from various parts of the world on one platform to explore the ethical dilemmas and technological advancements shaping modern society. Topics such as AI bias, advantages of self- driven cars over manually driven ones, ethical aspect of termination of life support system for patients etc. and their impact on minute and global levels were discussed at length.

5. Host: Mathew Anglican Flinders College,

Australia [zoom]

Theme: Small Problems in a Big World-Environmental Issues In your Area

Participants:

XII Maansween Kaur, Hasrat Kaur

XI Palakdeep Kaur, Rasnaz Kaur, Tanvi, Kaashvi Gupta

Several environmental issues came up for discussion during the conference such as crop stubble burning, invasive flora, water pollution, excessive use of plastic, industrial waste etc. solutions for the same, which the students can adopt at their local level were discussed at length.

NATIONAL CONFERENCES

6. Host: Vivek high School, Chandigarh

Theme: Self-Empowerment-Discover More

Participants:

X Aradhita Badhwar, Jigarveer Singh

IX Viraaj Singh

VIII Kuljus Singh, Samaira Arora

VII Angad Singh Chahal

The students were nudged to see life from a different perspective and motivated through talks, activities and nature walks to nurture their own selves as the most powerful resource.

7. Host: Sai International Residential School

[Zoom Postcard]

Theme: The World is One Family

Participants:

IX Riyaan

VIII Riyaan, Sukhmandeep Singh, Gurnoor,

Paalomareet Kaur, Hishmeet Kaur

Students shared their perspectives and insights and delved into discussions about promoting global unity, cultural exploration and traditional values in the modern context.

8. **Host:** Dhirubhai Ambani International School, Mumbai

Theme: Never Odd or Even

Topic: Equality

Participants:

VII Shivika Puri, Amayra Gupta, Dhruvi Garg

Maheeal Kaur, Geetanshi Singla

The conference aimed at fostering thoughts of oneness among participants though presentations, talks and discussions.

9. **Host:** Sunbeam Suncity School, Varanasi

Theme: Connect to Conserve

Participants:

XI Anureet Kaur, Prabhsimran Kaur

X Simran Sidhu, Sambhav Arora

IX Kshitij Gupta

The students put forward their ideas about conserving and keeping the environment clean& healthy. They interacted at length with Mr. Nadeem Qadir from Pampore and learnt about his work to save migratory birds & wetlands. The students also got an opportunity to visit a carpet making factory where they learnt all about the weaving process. They visited an ancient jail where Maharaja Ranjit Singh's wife was kept captive. This educational trip ended with a trip to the famous Kashivishvanath, Bhairavnath & Annapurna temples.

MODEL UNITED NATIONS CONFERENCE

MUNCLUB

An MUN workshop was held in collaboration with DAIS in the school premises for teachers and students over a period of three days to achieve the following aims:

- (a) Guide the teachers on how they can help students prepare for MUNs.
- (b) Discussing the benefits & broad parameters of MUNs and the finer aspects of it.
- (c) Coaching students on how to study for various committees and how to systematically break down the agendas to gain a better understanding of the topic.
- (d) Right way of dressing, presenting oneself, displaying appropriate behaviour, lesser known rules of conduct, how to raise a concern with the ED, how to negotiate etc. were also taught to the students.
- 1. Host: Mayo College Girls' School, Ajmer

Participants:

- XII Asees Sidhu, Daksh Taneja
- X Dayanat Kaur, Aradhita Badhwar
- IX Sanaa Garg, Kaireen Sood, Aisha Gupta, Srishti Dhawan, Sparsh Dhawan, Gursheen Phoolka

Committees: UNFPA, UNSC, IPC, OPEC, FCC, UNGA

2. Host: The Scindia School, Gwalior

Participants:

XII Sruti Damodar

X Vidur Verma, Afina Kang, Meheraaz Singh Mann

IX Rehaan Raj, Kriti Gajrani,

Naysa Gupta, Tejasveer Singh Virk, Yash Raj Singh

Committees: UNW, UNSC, FCAWL, CCC, MEBDC, ICIJ, LOK SABHA

ICIJ, LOK SABITA

3. Host: Welham Boys' School, Dehradun

Theme: Concordia Discordiae

Participants:

XI Renee Dhadli, Anusha Gupta, Gurnaaz Dhot Maanvit Suri, Kritik Jain, Hiral Kwatra Harmanmeet Singh Batra

IX Anaisha Singh Lobana, Sanaa Garg & Kriti Gajrani

VIII Harpartap Singh Sidhu

Committees: UNHSC, DISEC, UNHRC, ECOSOC, INTERPOL, LOK SABHA & IPC

4. Host: Mayo College, Boys' School, Ajmer

Event: Model G-20 Summit

Participants:

- XI Anusha Gupta, Aishwarya Jhaldiyal
- X Manan Rai Sood
- IX Bisam Pratap Singh, Shukraan Singh & Samrath SinghCommittees: Health & Working Group, Environment& Climate Preservance, Digital Economy, Energy



Transition & Finance Track

5. **Host:** Daly College, Indore [DCMUN '24]

Participants:

- XI Pranvat Singh Dang
- X Aarav Bansal, Rehaan Gupta, Akshara Mittal Sohila Shavinder Singh
- IX Sanaya Jain, Nehchalbir Singh Dhillon, Harniaz Bir Singh, Hasrat Channi

Committees: UNESCAP, UNSC, EC, AIPPM, UNCBD, WTO & WHO

AWARDS

Rehaan Gupta got VERBAL MENTION & received G-LITERATI certificate of APPRECIATION

6. Host: Mody School, Laxmangarh

Participants:

IX Kashvi Sofat, Chirayu Mittal

VIII Kyna Gupta, Bikram Singh, Samrat Singh Boparai Palomareet Kaur Brar, Harshan Singh Gill

Committees: UNHRC, IPC, AIPPM, FCC, UNGA

AWARDS

Bikram SinghHIGH COMMENDATION[IPC]Kyna GuptaSPECIALMENTION[UNHRC]Harshan SinghSPECIALMENTION[UNGA]Samrat SinghVERBALMENTION[FCC]

7. Host: Doon School, Dehradun

Theme: Musings of a Divided World, Resolutions of a United One

Participants:

- X Shresth Tandon, Ameesh Kapila, Manan Rai Sood,
 Karanveer Singh Rai, Simran Sidhu, Ishmanreet Kaur
 Sarkeshwar Singh Channi, Vansh Singla,
 Sachi Mittal & Pravir Singh
- IX Jai Pratap Singh, Adishwar Singh Chahal

Committees: LOK SABHA, IOC, FCC, UNOCT, DISEC
CONGRESS OF PARIS, GROVES' CABINET
& UNSC

BUZZ IN AND AROUND THE CAMPUS

BOOK FAIR HELD ON CAMPUS FOR YADAVINDRIANS



ELECTION AWARENESS CAMPAIGN. 2024

In consonance with the tenets of democracy, the Deputy Commissioner of Patiala launched a citywide Election Awareness Campaign in the month of May to educate schoolgoing children about the importance of elections, and consequently demystify the seemingly convoluted process that has perplexed children since ages. The students at YPS Patiala witnessed a very elaborate demonstration on civic responsi-



REMEDIAL CLASSES FOR BOARDERS

Remedial classes have been introduced for boarders from July onwards in order to give a boost to their academics. The efforts have paid off and the students have done well in the Half Yearly examinations.

bility in the morning assembly, encompassing skits, historical anecdotes, and informative speeches. The school also organised a Poster Making Competition for the middle and senior sections, calling for the stimulation of the students' artistic capacities and exhorting them to fulfil their civic responsibilities.





Moving with the Times! Digital Newspaper installed in the Senior School Library.

HEADMASTER'S ADDRESS

In his first address to the parents, the Headmaster, Mr. Navin Kumar Dixit outlined his vision for the School, the action being taken to achieve those goals and what all is being planned for the children in the future.



SPECIALASSEMBLIES

The School assemblies are now conducted in the auditorium on Mondays & Thursdays. Monday Assembly is conducted in English & on Thursday it's conducted in vernacular. The students put up audio visual presentations and speak without using a paper at the podium.

The objective is to provide a platform where all the students get an opportunity to enhance their confidence and polish their public speaking skills.



BUZZ IN AND AROUND THE CAMPUS

SSB GUIDANCE

YPS organised an SSB Guidance program in the School premises from 26th September to 4th October for students interested in joining the Armed Forces. 18 students of classes IX to XII signed up for the classes which were conducted by Col.(retd) Dr. Ravinder Dahiya who is an expert trainer in the field. The course comprised of techniques of facing the interviews, developing one's personality, group task, how to tackle psychological tests & situation reaction tests among other things.

DOCUMENTARIES/TALKS & SEMINARS

Education does not necessarily happen in classrooms. Sometimes it happens in auditoriums as well! Yadavindrians are regularly exposed to seminars and documentary screenings to diversify their medium of learning.

On 31st August, a documentary titled, 'The Saviour- Brig Pritam Singh' was screened in the auditorium for students of classes IX to XII. This documentary was awarded 'The Best Investigative Film' at the 68th National Film Award, 2022 and also won 'The Dada Saheb

Phalke Award' in the same year. It is based on the life of Late Brig Pritam Singh who was better known as the 'Saviour of Poonch and was fondly addressed as 'Sher Bachha' by the locals.

SCUBA DIVING LESSONS IN OUR VERY OWN POOL!

Certified Naval divers and trainers of national repute conducted scuba diving lessons for all boarders, NCC cadets and day scholars who volunteered for the activity.





SPORTS SECTION

"There are other players who are more talented but there is no one who can out prepare me". Peyton Manning

ADVENTURE

It has been rightly said that 'Adversity causes some to break; others to break records." This seems to apply very well to our enthusiastic mountaineering team comprising of 16 children and two teachers who scaled Mt. Jagatsukh Peak during the summer break, from 7th to 16th June 2024. 10 students out of the whole group of 16 and the escort teacher, Mrs Pallavi Sharma climbed up to the base camp of the peak which was at an **impressive** height of 4000m

Arshpreet Kaur & Jasman Kaur XII

Chitvanjot Singh, Amroj Singh, Renee Dhadli, Anusha Gunta

 $\begin{array}{lll} \text{Harsheen Kaur \& Kritik Jain} & \text{XI} \\ \text{Sambhav Arora} & \text{X} \\ \text{Taisha Goyal} & \text{IX} \end{array}$

The following students along with Mr. Veglor Walter scaled the peak which stands at an impressive height of 5050m.

Inayat Kaur Gill & PrabhsimranXIIParasdeep Singh & Mayank BansalXIBilaval Singh & Simran SidhuX



Love, Labour, and Labib Mushtaq Wani

In Conversation with the Games &
Sports Captain (2024-25)
Interviewed by Mallik Arjun Ahluwalia
Labib Wani has been adjudged AIR 8
in Professional Boxing

His world ranking is 500 amidst 18,000 boxers.



Interviewer: Hello, Labib. I distinctly remember when you joined YPS in 2021, you exhibited an intense liking for cricket. How did you end up becoming a boxer instead, and a world-class one at that?

Labib: Well, I had always loved sports. While I initially played cricket and quite enjoyed it, I was drawn to boxing. I have always been interested in combat, but my parents naturally feared my participation in the sport. Like other parents, they were afraid I would get hurt. But under the guidance of Mr. Amit Khatri and my boxing coach, Mr. Gopal Singh, I quietly transitioned to boxing. I didn't tell my parents initially because I didn't want to worry them, but as I grew more interested in the sport, I had to break the news to them.

Interviewer: Quite interesting. How did your family react?

Labib: They were quite anxious that I would end up hurting myself, breaking one thing or another. But I only broke the news to them after I won my first tournament—that eased things quite a bit. With time, as I grew stronger and better at the sport, my parents became more supportive. They could see how passionate I was about boxing and began to support me unconditionally.

Interviewer: That's wonderful. You've achieved great feats in the world of boxing. I would even go so far as to say that you've truly redefined what it means to be committed to a sport. You're the State Captain of both the school team and the Jammu & Kashmir Boxing Team. You were recently ranked eighth in your league across all the boxers in the country and are among the top 500 boxers in the world. The list is not exhaustive. All of this could not have come easily. What is your training schedule like?

Labib: I devote a lot of time to practice, but I quite enjoy it. Like they say, it isn't work if you enjoy it. I devote over five hours a day to practice. I start at 5:00 am with two hours of vigorous running. After attending classes, I continue my practice in the evening. I start again at 3:00 pm and practice combat after warm-up until 6:00 pm. Afterward, we have prep. After studying and completing assignments, I prepare for the next day.

Interviewer: That is quite a tight schedule. But again, it is this schedule that led you to be chosen as a reserve for the Asian Games—a remarkable feat. How has the school helped you in your endeavours? More importantly, what changes have you noticed in yourself since you first joined YPS?

Labib: The school has been quite supportive, particularly Mr. Gopal, my coach. He has played an active part in my journey and has always inspired me to challenge myself. After I joined YPS, Mr. Amit Khatri and the entire sports faculty pushed me to become a better version of myself. I devoted myself to a very strict fitness regime, which made me physically fit and capable enough to take up boxing as a sport. Whatever I've needed from the school, the school has provided. They've encouraged me to perfect my skills through participation in various sports tournaments, and I've always gratefully clinched titles in those competitions.

Interviewer: Lovely. Finally, what advice would you like to leave for all those sportsmen currently reading this column?

Labib: I would like to tell them to give it their all and practice

religiously. Don't let self-doubt cloud your mind, and dare to dream big. Finally, make full use of the provisions and facilities available at the school, and maintain a strict practice regime. It pays off in the end. There is no greater feeling in the world than seeing your hard work pay off.



Interviewer: Thank you so much, Labib. Your story will surely inspire future generations of sportspersons.

Labib: Thank you so much.

IPSC TOURNAMENTS

1. Sport: SHOOTING

Host: Daly College, Indore

Awards:

Pritpal Singh Aulakh U-17 1st POSITION in Air pistol Preetinder Singh U-14 3rd POSITION in Air Pistol

2. Sport: CRICKET U-17

Host: The Scindia School, Gwalior The team reached the Quarter Finals

3. Sport: FOOTBALL U-14

Host: The B K Birla Centre for Education, Pune Team was awarded participation certificates

4. Sport: SQUASH

Host: Daly College, Indore

U-14 Team won the Bronze Medal and lifted the team Trophy

VI Gurfarzand Singh, Samarth Singh Sandhu

VII Adab Pratap S. Bains

VIII Pranay Bansal

Hiren Jain of U-19 category won BRONZE MEDAL in the Individual category

CISCE REGIONAL TOURNAMENTS

1. Sport: YOGAOLYMPIAD

Host School: St. Stephens School, Chandigarh

Awards:

U-14 Girls

Vedangi Bansal VI GOLD Ekam Kaur Shergill VII SILVER

U-14 Boys

Khushal Jain VIII GOLD

 $U\text{-}16\,Boys$

Divtaaj Aulakh IX BRONZE

2. Sport: BOXING

 $Host\,School:\,Ambrosial\,Public\,School,Zira,Punjab$

Awards:

U-14

Jaspartap VIII GOLD Eqan Hamid VII GOLD

U-17

Bhavnoor X SILVER Amroj Singh XI SILVER Krish Singla IX BRONZE

U-19

Labib Wani XII GOLD
Loveleep Singh Brar XI GOLD
Sirjan XI GOLD
Tegveer XI SILVER
Parasdeep Singh XI SILVER

3. Sport: ARCHERY

U-17 [Compound Girls]

Srija Jain X 3 GOLD Divrose Kaur X 3 SILVER

U-19 [Compound Girls]

Khushpreet Kaur XII 3 GOLD

U-19 [Compound Boys]

Rannvijay Singh XI 3 SILVER Mehtab Singh XI 3 GOLD

U-19 [Recurve Girls]

Inayaitveer Kaur XII 1 GOLD

2 BRONZE

U-19 Boys and Girls won the RUNNERS UPTROPHY The following students have been selected for the Nationals: Inayaitveer Kaur, Khushpreet Kaur, Divrose Kaur, Rannvijay Singh, Srija Jain, Prisha Mahindru, Nimar Sidhu, Aryan Mahindru, Mehtab Singh.

4. Sport: ATHLETICS

Host: Guru Nanak Stadium, Ludhiana

BOYS

Shaurya Goyal Discus Throw GOLD
Dilshaan Singla 200 m GOLD
400 m SILVER

GIRLS

Manya Sharma Triple Jump SILVER

5. Sport: HOCKEY

Host: MBKM Kalar International Public School,

Moga

Participants:

XI Harnimrat Singh, Parv Jain, Mayank Bansal

X Pavitarjot Singh, Bilawal Singh, Naman Rahar, Rudra Verma

IX Rehmat Singh

VIII Imaanveer Singh

Team Won the 3rd Position

CISCE ZONAL TOURNAMENTS

1. Sport: TENNIS

Host: YPS, Patiala

Participants:

U-14 BOYS Abhey Rai Singh **CISCE NATIONAL TOURNAMENTS** U-17 BOYS Ayaan Modi, Bhavik Tandon, Jayveer Singh U-17 GIRLS Japman Sarin, Eanaayat Bhutani, Sanskriti 1. YOGA Sport: U-19BOYS Mankomal Singh Host School: St Stephens School, Chandigarh U-19 GIRLS Rasha Dhaliwal, Anam Kaur Participants: **AWARDS** ΙX Divtaaj Aulakh 11 GOLD MEDALS VIII Khushal Jain SILVER MEDALS VII Ekam Kaur Shergill VI Vedangi Bansal 2. Sport: **ARCHERY** Host: YPS, Patiala 2. Sport: **BOXING** Participants: Recurve Participants: 2nd Position U-14 Boys Aryan Mahindru XII Labib Wani U-14 Girls Nimar Sidhu 2nd Position ΧI Sirjanhar, Loveleep Singh, Amroj Singh U-17 Girls Prisha Mahindru 3rd Position X Bhavnoor Singh Simran Sidhu 4th Position VIII Jaspartap Singh U-19 Girls Inavaitveer Kaur 1st Position VII Egan Hamid Indian Round **AWARD** Raghav Mangler 4th Position U-14 Boys **GOLD** Labib Wani U-14 Girls Aradhya Jain 4th Position Bhavnoor Singh GOLD U-17 Boys Tejasveer S. Virk 1st Position Jaspartap Punia **GOLD** Sirjanhar **BRONZE** HOCKEY U-17 [BOYS] 3. Sport: Host: Punjab Public School, Nabha Sport: **ATHLETICS** Final Match - YPS, Patiala vs PPS, Nabha Host: St. Joseph's School, Habsiguda, Hyderabad Draw by 2-2s Participants: Goals scored by Pavitarjot Singh and Rudra Verma Shaurya Goyal SILVER Discus Throw Dilshaan Singh 400 m & 200m 4. Sport: **ATHLETICS** Shaurya, Labib, Bhavnoor & Jaspartap were Host: St. Peters Convent School, Rakhra selected for SGFI Nationals U-19 BOYS **DISTRICT TOURNAMENTS** Shaurya Goyal Discus Throw GOLD Shot Put **SILVER** 1. Sport: **SWIMMING** Dilshaan Singh 200 m **SILVER** Event: Sub Junior, Junior & Senior Championship 400 m **SILVER AWARDS:** 400 m Hurdles **BRONZE GOLD** X Agamteshwar Singh 200 m Freestyle Prabhsimran Singh 5 Km Walk **SILVER** 50 m Butterfly **SILVER** 800 m **BRONZE Uday Singh** 200 m Freestyle SILVER Javelin Throw Chitvan Singh **SILVER** Yuvandeep Singh 50 m Breast Stroke **GOLD** U-17 BOYS Shreevardhan Dev 50 m Breast Stroke BRONZE Discus Throw **GOLD** Gurdas Singh 100 m Breast Stroke BRONZE Hammer Throw **BRONZE** 200 m Breast Stroke SILVER Shot Put **BRONZE** 100 m Freestyle SILVER U-19 GIRLS Simran Sidhu 50 m Breast Stroke **BRONZE** Arsheen Kaur Shot Put **GOLD** Hammer Throw **BRONZE** IX Sargun Panag 50 m Breast Stroke **GOLD** Manya Sharma Long Jump **GOLD** 50 m Back Stroke **BRONZE** Triple Jump **GOLD** Ustat Kaur 50 m Freestyle **BRONZE** 100 m **GOLD** 50 m Backstroke **BRONZE** Manya Sharma was declared 'THE BEST ATHLETE' in U-VIII Yuvraj Singh 100 m Freestyle **SILVER** 19 Category. 200 m Freestyle **BRONZE** Jasman Kaur Javelin Throw **SILVER** SILVER VII Pareena Jolly 100 m Freestyle Prabhsakhi Chatrath Hammer Throw **GOLD** VI Anraj Singh 200 m Freestyle **BRONZE** Discus Throw **GOLD** 100M Breast Stroke BRONZE

Shot Put

BRONZE

2.

Sport:

SWIMMING

~~_			
	Host: M.K.L.M Swimming Pool		Selected for State Level Competition.
XII	Parwaaz Saharan 1500 m Freestyle	GOLD	7. Sport: ARCHERY
	Parth Dhiman 50 m Breaststroke	SILVER	Host: Punjabi University, Patiala
X	Yuvandeep Singh 100 m Breaststroke	GOLD	Participants: U-19
	Uday Singh 200 m Freestyle	SILVER	Khushpreet Kaur SILVER
	Agamteshwar Singh 200 m Butterfly	GOLD	Pratik Jindal BRONZE
IX	Sargun Panag 50 m Freestyle	SILVER	Both have qualified for State level championships.
	Ustat Kaur 200 m Freestyle	SILVER	
VIII	Yuvraj Singh 100 m Freestyle	GOLD	8. Sport: TENNIS
	200 m Freestyle GOLD		Host: Multipurpose School, Patiala
	400 m Freestyle GOLD		Participants: U-19
	Kyna Gupta 100 m Freestyle	BRONZE	Mankomal Singh & Tehdil Singh BRONZE
	100 M Backstroke SILVER		[Team Event]
VII	Kabir Singh 50 m Breaststroke	SILVER	U-17
	100 m Breaststroke	BRONZE	Ayaan Modi & Sarbeshwar Singh SILVER
	200 m Breaststroke	BRONZE	[Team Event]
	Pareena Jolly 50 m Freestyle	GOLD	U-14
	100 m Freestyle	GOLD	Artham Goyal GOLD [Team Event]
	200 m Freestyle	BRONZE	Mankomal Singh has been selected for U-19 State Team
VI	Sarah Jain 50 m Backstroke	BRONZE	
			9. Sport: GYMNASTICS
3.	Sport: BASKETBALL		Venue: Polo Ground, Patiala
	Host: Multipurpose School, Patiala		Participants:
	Anya Gupta of Class VII won BRONZ	E medal	X Priya Inder BRONZE
	Selected for State Tournament		VIII Samreet Kaur 5 SILVER
			Ibadat Kaur 5 GOLD
4.	Sport: FENCING		VI Vedangi Bansal 1 SILVER 2 BRONZE
	Host: Milestone School, Patiala		Along with the above mentioned students, Ayaansh Goyal
	Event: Sabre		of Class VI is also selected for School State Competition.
	Avreen Bains	SILVER	
	Tanishka Bharadwaj	BRONZE	10. Sport: HOCKEY
			Venue: Polo Ground, Patiala
5.	Sport: BOXING		Participants: U-17 GIRLS
	Host: Multipurpose School, Patia	la	XII Arshpreet Kaur Mann
U-17	BOYS		X Ishrat kaur Sandhu, Pahuljeet Kaur,
	Krish Singla	SILVER	Sugandhim Singh Sharma, Rupinder Kaur
	Bhavnoor Singh	SILVER	IX Navya
	Fatehbir Singh	BRONZE	VIII Yessica Garg
U-19	BOYS		Team secured 3rd Position
	Sarjanhaar	SILVER	
	Labib Wani	SILVER	11. Sport: FOOTBALL
	Parasdeep Singh	SILVER	Venue: Polo Ground, Patiala
	Shaurya Goyal	GOLD	Participants: U-14 BOYS
			VIII Fatehajit Singh, Gurdhyan Singh, Gurbir Singh
6.	Sport: HOCKEY		Jihaan Mittal, Anikait Mehta, Anirudh Singh
	Venue: Polo Ground		Hamish Chhabra & Harkunvarjit Singh
Parti	cipants: U-17BOYS		VII Rantej Singh Grewal
XI	Harnimrat, Mayank Bansal, Parv Jain		Team Bagged the SILVER MEDAL
X	Pavitarjot, Rudra Verma, Bilawal Sing	gh,	
	Naman Rahar,		12. Sport: BADMINTON
IX	Rehmat Bedi, Soham Gulati, Parth Ga	arg	Venue: Physical Education College, Patiala
VIII	Imanveer Singh		Participants:
Pavit	arjot, Harnimrat, Rudra, Bilawal & N	Naman were	U-19 GIRLS
			XII Dhriti Iain

XII Dhriti Jain

22

U-17BOYS

X Aarav Bansal

IX Aditya, Nehchalbir Singh & Gurdas Singh

U-14 GIRLS

VII Asees, Saanvi, Hazel

U-14 BOYS

VII Sachin Verma

Sachin Verma of Class VII won the BRONZE medal & was selected for State Competition.

13. Sport: SHOOTING

Venue: Sandhu Shooting Academy, Patiala

Participants: U-19

Sainaz DewaniAir pistolGOLDGuntas KaurAir Peep Sight RifleGOLDAmira Pratap SinghAir PistolSILVER

14. Sport: POWERLIFTING
Venue: Polo Ground, Patiala

Shaurya Goyal XII GOLD MEDAL

Lakshabir Singh Chahal XI 3rd Position in

Bench Press
[Top 5 overall]

STATE LEVEL TOURNAMENTS

1. Sport: SWIMMING

Event: 35th Sub Junior & Junior Punjab State Championship

Host: Punjab Agriculture University

Participants:

X Agamteshwar Singh, Uday Singh, Yuvandeep Singh, Shreevardhan Dev Thapliyal

IX Sargun Panag & Ustat Kaur

VIII Yuvraj Singh

VII Parina Jolly

AWARD:

Agamteshwar Singh 100 m Freestyle BRONZE

100 m Butterfly BRONZE

2. Sport: SHOTGUN SHOOTING

Event: Junior Category

AWARD:

Zubair Singh Sidhu VII GOLD

Event: Junior Women [Individual]

AWARD:

Sabiha Bhandohal Double Trap Shooting GOLD

She has qualified for Pre-National Level.

3. Sport: SOFTBALLTENNIS

Event: U-19 Category

AWARD

Krishna Mittal won GOLD MEDAL

NATIONAL LEVEL TOURNAMENTS

1. Sport: POWERLIFTING

Event: Sub Junior and Junior Championship

Award:

Shaurya Goyal XII BRONZE

[Squat, Benchpress & Deadlifts

and overall]

Shaurya's efforts led to the state team's success, enabling Punjab to achieve the 3rd rank at the national level. He was also awarded a cash prize of Rs. 10,000. He has also been selected for Asian Championships to be held in Malta this year.

2. Sport: SQUASH

Event: National School Games Host: Pune, Maharashtra

Hiren Jain and Aditya Thakur got Participation Certificates.

3. Sport: GOLF

Event: Sub Junior Feeder Golf Tournament

Adishwar Singh Chahal of class IX won SECOND POSITION

INTER SCHOOL MATCHES

1. Sport: CRICKET U-17

Host: YPS, Mohali [Amanjit Memorial Tournament]

2. Sport: BASKETBALL GIRLSU-17

Host: YPS, Mohali

3. Sport: CHESS

Host School: Wynberg Allen School, Mussoorie

U-17

Arpit Goyal IX

MOST PROMISING PLAYER

TROPHY

Shabadbir Singh VIII

Samrath Singh Bedi IX also participated YPS, Patiala won the WINNERS TROPHY

INTER HOUSE MATCHES

1. Sport: SQUASH

Individual Event: U-14 BOYS
Pranay Bansal VIII MH I
Gurfarzand Singh VI PH II
Adab Pratap VII PH III

Individual Event: U-14 GIRLS

Nlisa Jain VII MH I

Sarah Jain VI MH II

Amrita VI PH III

Individual Event: U-19 BOYS	Anusha XI DRH III
Hiren Jain XII MH I	
Shreevardhan Dev X DRH II	Overall House Position: I DRH
Aditya Thakur IX PH III	II DRH
	III MH
Individual Event: U-19 GIRLS	5. Sport: BOXING
Dhriti Jain XII MH I	U-14 BOYS
Jaanya Ahluwalia IX DRH II	Arhaan Gill VII DRH [48-50 kg]
Jannat Sachdeva XII MH III	U-17 BOYS Weight Category
Overall House Positions: I PH	Rehmat Bedi IX DRH [42-46 kg]
II MH	Amroj Singh XI MH [60-63 kg]
III DRH	Savtej IX MH [46-48 kg]
III DKII	
2. Sport: BASKETBALL	Krish Singla IX DRH [48-50 kg]
2. Sport: BASKETBALL Team Event: U-14 BOYS & GIRLS	Vidhur Verma IX MH [54-56 kg]
	Bhavnoor Singh IX MH [56-60 kg]
	Ekamraj X MH [70-75 kg]
II DRH	Atharva IX PH [75-80 kg]
III PH	Jeevan Kalsi IX DRH [75-80 kg]
AWARDS:	Jugraj Singh IX MH [80+kg]
Pareena Jolly VII MH HIGHEST SCORER	U-19 BOYS Weight Category
Rudra Partap VIII MH HIGHEST SCORER	Pawan XI DRH [46-49 kg]
	Udai Grewal XI MH [49-52 kg]
3. Sport: SIX-A-SIDE HOCKEY [GIRLS]	Vedant Singh XII MH [52-54 kg]
House Position: I DRH	Prabhjot Singh XI PH [60-64 kg]
II PH	Anubhav Verma XI DRH [64-69 kg]
III MH	Sumer Sidhu XII DRH [69-75 kg]
AWARD:	Labib Wani XII MH [75-80 kg]
Ishrat Kaur Sandhu X DRH HIGHEST SCORER	Chitvanjot Singh XI MH [81-91 kg]
	Loveleep Singh XI PH [91+kg]
4. Sport: TENNIS	Overall House Position: I MH 10 GOLD
Individual Event: U-14 BOYS	II DRH 7 GOLD
Artham Goyal VI DRH I	III PH 3 GOLD
Abheyraj Singh VI DRH II	111 111 0 0022
Ekamveer Singh VI MH III	6. Sport: CRICKET U-17 BOYS
	House Positions: I DRH
Individual Event: U-17 BOYS	II PH
Bhavik Tandon IX DRH I	III MH
Ayaan Modi IX MH II	
Jayveer Singh IX DRH III	AWARDS:
	Taranveer Singh X PH HIGHEST SCORER
Individual Event: U-17 GIRLS	Rehaan Gupta X DRH HIGHEST WICKET TAKER
Japman Sarin VIII DRH I	
Eanaayat Bhutani VIII MH II	7. Sport: BASKETBALL
Sanskriti Dhol VIII PH III	Team Event: U-19 BOYS
	House Positions: I DRH
Individual Event: U-19 BOYS	II PH
Mankomal Singh XII PH I	III MH
Mohin Dhiman XII DRH II	AWARD:
Chitvanjot Singh XI MH III	Dilshan Singh XII DRH HIGHEST SCORER
Chitvanjotonigh Zi Will III	Team Event: O-14 GIRLS
Individual Event: U-19 GIRLS	House Positions: I DRH
	II PH
	III MH
Manya Sharma XI DRH II	

AWARD:

Simran Sidhu X DRH HIGHEST SCORER

8. Sport: HOCKEY

Team Event: O-14 BOYS

House Position: I PH

II DRH

III MH

AWARD:

Harsimrat Singh XI BEST PLAYER

9. Sport: FOOTBALL

House Positions: I DRH

II PH

III MH

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AWARDS:

Mohin Dhiman XII DRH HIGHEST SCORER

Shaurya Goyal XII MH BEST GOAL KEEPER

10. Sport: BADMINTON

Individual Events: U-14 BOYS

Sachin Verma MH I

Viresh PH II

Prabhnek DRH III

U-14 GIRLS

Saanvi Khanna PH

Asees Singla DRH II

Eknoor Kaur MH III

U-17BOYS

Gurdas Singh DRH

Aditya Thakur PH II

Naman DRH III

U-19BOYS

Vedant Singh MH I

Daksh Taneja DRH

Aryan Rai MH III

O-14 GIRLS

Dhriti Jain MH I

Haspreet Kaur DRH II

Minori DRH III

[Exchange Student from Japan]

Overall House Positions: I DRH

II MH

III PH

11. Sport: SWIMMING

BEST SWIMMER AWARDS:

U-14 BOYS

Yuvraj Singh VIII DRH

Events: 100m Freestyle, 100 m Butterfly, 200m

Freestyle & 200 m ----

U-14 GIRLS

Pareena Jolly VII MH

Events: 100 m Freestyle, 200m Freestyle, 50 m Freestyle,

200m---

O-14BOYS

Agamteshwar Singh X DRH

Events: 50 m Butterfly, 50 m Backstroke, 50 m Freestyle, 200

m---

O-14 GIRLS

Ustat Kaur IX PH

Events: 100 m Freestyle, 50 m Butterfly, 200m Freestyle,

200m---

4x50 m O-14 Medley Relay Trophy winner- DRH

Parwaaz Singh Saharan XII

Agamteshwar Singh X

Shreevardhan Dev Thapliyal X

Yuvandeep Singh X

Headmaster's Cup House Positions: I DRH & MH

II PH

Overall House Positions: I DRH

II PH

III MH

OTHER COMPETITIONS

1. Sport: GOLF

Adishwar Singh Chahal of Class IX has bagged the FIRST POSITION in event 5 of the National Feeder Tour of India

held at AEPTA Golf Club, Meerut.

He has also secured 4th POSITION in event 6 held at Ambala

Golf Club in July.

Overall Ranking on National Feeder Tour of India is NUMBERONE

2. Sport: Pro Boxing

Event: Fight Night Series 5

Host: Najafgarh Boxing Academy, New Delhi

Labib Wani won FIRST POSITION in 12 Rounds

Cash Prize Rs. 40,000

3. Sport: SHOTGUN

Event: India Open Competition

Host: New Motibagh Club, Patiala

Ameesh Kapila GOLD

JUNIOR SCHOOL TIMES

Art Competition

(Classes I to V)
Date: 18th April



Certificate of Appreciation for Commendable Effort

Class I

Jasmaya Kaur IO
Rihaan Gupta IE
Prisha IE
Eehaan Mangla O

Class II

Aarya Kansal II O Abhiram Garg II E Gauranshee Garg II N Aavya Sharma II N

Class III

Mehraab Chamber III O Advika Sharma III E

Class IV

Taseervi Singh IV E
Amyra Gupta IV O
Aarav Mittal IV O

Class V

Manraj singh VP
Rehmat Kaur VN
Shaurya Sood VN
Anayat Randhawa V

English Recitation Competition (Classes IV and V)



Date: 24th April

Class IV

Certificate of Appreciation for Commendable Effort

Arihaan Gupta IV O Ravleena Singh IV O

Certificate of Merit for Outstanding Performance

Amyra Gupta IV O

Class V

Certificate of Appreciation for Commendable Effort

Anayat Randhawa VE
Aradhya Verma VO
Myeisha Arora VE
Shaurya Sood VN

Certificate of Merit for Outstanding Performance

Inaara K Jagirdar V P
Inayat Bansal V P
Mannat J Kaur V P
Raniesha Katoch V N

Hindi Recitation Competition (Class IV and V)



Date: 3rd May

Certificate of Merit for Outstanding Performance

Amaira Kaushal VE Kehnaaz Kaur Aujla VP

Cetificate of Appreciation for Commendable Effort

Pranav Bhatia V O Ruhanika Singh V P

Certificate of Merit for Outstanding Performance

Harsamrath Singh IVE

Cetificate of Appreciation for Commendable Effort

Aarav Mittal IV O Angadveer Singh IV E

English Story Telling Competition (Class III)



Date: 17th May

Certificate of Merit for Outstanding Performance

Zorawar Singh Virk III N Rabiya Nakai III N

Certificate of Appreciation for Commendable Effort

Nivritti Dogra III E Japisha Singh III O Nanaki Kaur Dhaliwal III N

Punjabi Creative Writing Competition

(Classes IV and V)
Date: 29th July

Certificate of Appreciation for Commendable Effort

Naira Sharma IV E Savreen Mann IV N

Certificate of Merit for Outstanding Performance

Aarav Mittal IV O Anjani Mittal IV O

Certificate of Appreciation for Commendable Effort

Inaara Kaur Jagirdar V P
Kehnaaz Kaur Aujla V P
Kiaan Gupta V P
Paiman Sharma V N

Certificate of Merit for Outstanding Performance

Aryanmeet Singh VO
Aahana Jain VN

English Spell Bee Competition Winners

Certificate of Merit for Outstanding Performance

Aryanmeet Singh VO
Hitansh Gupta IVO
Hitraj Sofat III E

Certificate of Appreciation for Commendable Effort

Saanvi Mehta V N Dev Garg IV O Rabiya Nakai III N



Punjabi Recitation Competition (Classes IV and V)

Date: 22nd August



Certificate of Appreciation for Commendable Effort

Japneet Kaur IV O Samar singh Sandhu IV N

Certificate of Merit for Outstanding Performance

Adeshpratap Singh IVE Angadveer Singh Somal IVN

Certificate of Appreciation for Commendable Effort

Bhuvi VP Neyaan Gupta VN Vinaira Kaur Jeji VE

Certificate of Merit for Outstanding Performance

Ayana Bansal VO

Punjabi Recitation Competition (Classes II and III)



Class II



Class III

Date: 30th August

Certificate of Appreciation for Commendable Effort

Nimrat Kaur II O Amanat Virk II P

Certificate of Merit for Outstanding Performance

Ivan Singh Cheema II P Ayaana Kaur Jagirdar II E

Certificate of Appreciation for Commendable Effort

Gusiraj Kaur Sandhu III O Avanya III E Amreen Kaur Dullat III N Certificate of Merit for Outstanding Performance

Zorawar Singh Virk III N Avnoor Kaur III O Harneez Kaur Randhawa III O

Hindi Story Telling Competition (Classes IV and V)

Date: 9th September



Certificate of Merit for Outstanding Performance

Arjun Kumar IV E
Tanmay Suri IV O
Raniesha Katoch VN
Sneha Khanna VO
Sehraj Singh Mudahar VE

Certificate of Appreciation for Commendable Effort

Savreen Mann IVN Kashvi Badhwar IVN Aryanmeet Singh VO Daruri Aaruhi Acharya VE

SPORTS SECTION

Punjab State Fencing Championship

Ganieve Kaur Bains III N

Bagged a silver and a bronze medal in under 10 and under 12 age categories in Punjab State Fencing Championship held at Sangrur on 25th May 2024

Patiala District Fencing Championship

Date:18th May

Ganieve Kaur Bains III N won

Silver medal (under 10)

Bronze Medal (Under 12)

Patiala District Sub Junior and Junior Swimming Championship 2024

Date: 14th July

Sub Junior Boys/Girls

Rangatpreet Kaur Kaleka (VO)

(200mts Freestyle-Bronze)

(50mts Back Stroke-Bronze)

(50mts Breast Stroke-Gold)

Gursidak Singh (IVN)

(100mts Back Stroke-Bronze)

Lavin Bansal (IVN)

(50mts Freestyle-Silver)

Nav Nihaar Singh Dhanoa (III 0)

(50mts Back Stroke-Gold)

Rabab Kaur Sandhu(III N)

(50mts Back Stroke-Silver)

Patiala District Chess Championship

Date: 7th April (Under 9)

Bhan Singh Of III N won First position.

Taekwondo Champion

Ravya IVO

She participated in various championships and won gold

medals in the following:

2nd Punjab State Sub Junior Taekwondo Championship

9th Patiala Taekwondo Challenge

3rd Indo-Nepal International Taekwondo Championship

IPSC Squash U12 held at Daly College, Indore (2024-25)

Following students won bronze medals in team events



1. Hridyaansh Sood VE

2. Arjan Singh Baraich IV N

3. Anjan Karan Singh IV E

IPSC Tennis under 12

Neyaan Gupta of V N won the Best Player Award in IPSC U12 Tennis Tournament held at Genesis Global School, Noida





IPSC Chess
It was held at Wynberg Allen
School, Mussoorie
Bhan Singh III N 2nd
runner up
(under 13 category)

Inter House Events

Inter House Tennis

Individual Event U- 12 Boys 1st Neyaan Gupta VN (DRH)

2nd Hardik Sehgal V N (PH) 3rd Dakshveer Singh V E (MH)

U-12 Girls

1st Daruri Aaruhi Acharya VE (PH)
2nd Jiya Dhody VN (DRH)
3rd Divraj Dhillon IV N (MH)

Team event won by DRH boys

Neyaan Gupta V N
Reyansh Garg V N
Navuday Bansal V N
Taarush Khanna III N

Team event won by MH girls

Divraj Dhillon IV N Manya Gupta V N

Inter House Soccer



House positions:

1st PH

2nd DRH

3rd MH

Ayaan Jain of VP from PH was considered the BEST PLAYER.

Inter House Badminton



1st PH 2nd MH 3rd DRH

Boys team for PH

Angadveer Singh IV N
Namish Thakur III N
Aaryan Sharma VP
Ekas Singh VE

Girls Team for PH

Myra Kansal VO Rubany Bhutani VE Aradhya Verma VO Daruri Aaruhi Acharya VE

Individual Matches (Boys)

Angadveer Singh IVN PH I
Anirudh Bansal III E MH II
Sehraj Singh Mudahar VE DRH III

Individual Matches (Girls)

Myra Kansal VO PH I
Parinaaz Kaur VE MH II
Rubany Bhutani VE PH III

Inter House Swimming Competition

House Positions:

1st MH (90 points) 2nd DRH (86 points) 3rd PH (80 points)



Individual Events

25m Free Style Boys(Class 1)

1.	Sidak Singh Sidhu	IN	MH	I
2.	Nachiket Kumar	IO	MH	II
25m I	Free Style Girls(Class I)			
1.	Aarza Kaur Dang	IN	PH	I
2.	Naveera Kaur Dhanoa	IO	PH	II
3.	Yashleen Kaur	IO	DRH	III



25m Fr	ree Style Boys (Class II and I	II)		
1.	Mehtabbir Singh Hans	IIN	MH	I
2.	Reyansh Garg	ΙΙΟ	DRH	II
3.	Mehul Goyal	IIIO	PH	III
50m F	ree Style Boys (Class II and l	III)		
1.	Nav Nihaar Singh Dhanoa	IIIO	PH	I
2.	Zorawar Singh Virk	IIIN	DRH	II
3.	Tanvir Proche	IΙΕ	DRH	III
25m F	ree Style Girls (Class II and I	II)		
1.	Rabiya Nakai	IIIN	PH	I
2.	Zohrat Thind	IIN	DRH	II
3.	Harneez Kaur Randhawa	IIIO	DRH	Ш



50m	Free	Style	Girle	(Class	Han	AIII)
JUIL	rree	Sivie	CHIIS	TU Jass	птап	(1111)

5011111	ce style only (class if and i	11)		
1.	Rabab Kaur Sandhu	IIIN	DRH	I
2.	Niyamat Grewal	IΙΕ	MH	II
3.	Ayaana Kaur Jagirdar	IΙΕ	PH	III
25m F1	ee Style Girls (Class IV and	V)		
1.	Anayat Randhawa	VE	MH	I
2.	Bhuvi	VP	MH	II
3.	Amaira Kaushal	VE	PH	III
50mFı	ee Style Girls (Class IV and	V)		
1.	Naira Sharma	IVE	DRH	I
2.	Inaara Kaur Jagirdar	VP	PH	II
3.	Manya Gupta	VN	MH	III
50mB	ack Stroke Girls (Class IV a	nd V)		
1.	Rangatpreet Kaur Kaleka	VO	PH	I
2.	Inayat Bansal	VP	MH	II
3.	Lavanya Shrivastava	VO	PH	III
50m F	ree Style Boys (Class IV and	1V)		
1.	Kabir Beniwal	VE	MH	I
2.	Arpan Singh Chakkal	VN	MH	II
3.	Lovepratap Bawa	VN	DRH	III
25m Fr	ee Style Boys (Class IV and	V)		
1.	Gurvanshpartap S. Kalyan	VE	MH	I
2.	Shaurya Sood	VN	DRH	II
3.	Manraj Singh	VP	PH	III
50m Back Stroke Boys (Class IV and V)				
1.	Gursidak Singh Dhindsa	IVN	DRH	I

IVN

PH

II

2.

Lavin Bansal

3. Anjan Karan	Singh	IVE	DRH	III
4*25m Relay Girls (Class IV and V	<i>/</i>)		
1st Position	Phulkian H	louse		
Rangatpreet Kaur Ka	leka V	O		
Inaara Kaur Jagirdar	V	P		
Amaira Kaushal	V	ľΕ		
Lavanya Shrivastava		/O		
4*25m Relay Boys (C	Class IV and V	7)		
1st Position D	hani Ram Hot	use		
Gursidak Singh Dhin	dsa Γ	VN		
Anjan Karan Singh	IA	VΕ		
Lovepartap Bawa	7	/N		
Shaurva Sood	7	/N		

A Visit to Dominos



8th of June turned out to be one of the most exciting days because our school took us to our favourite place, the DOMINOS PIZZA store. As we reached there bubbling with anticipation we were divided into three groups, of which I was assigned group two. We felt like mini chefs as they gave us head caps and gloves that are usually worn by pizza chefs. Before we began, we all washed our hands.

The first step was to knead the dough which was harder than we thought it would be. We then put together the sauce base, toppings and lots of cheese finally heading to a very big oven. The oven was bigger than my friends and I combined. We put our pizzas in the oven and after a short wait of 10 minutes our pizzas were ready.

Next, we were in queue to pack our hot and mouthwatering pizzas in the boxes. After the pizza, all of us worked on our garlic bread. I learnt something very interesting; the dominos garlic bread is made exactly like a pizza and then cut into half to give it a semicircular shape! After it got baked, we seasoned it with herbs and again got into a queue to take our boxes. The best part of the day was when we were all awarded with certificates. It truly made us feel like we had accomplished a task bigger than the oven itself.

I had so much fun at the Dominos kitchen, but more importantly I learnt how my favourite food in the world is made.

Scuba Diving Activity



Scuba Diving Foundation of India organised a camp guided by certified naval divers and nationally acclaimed trainers in the month of August. Approximately 100 students from classes IV and V participated in this activity.

'Janamashtmi' Celebration



'Janamashtmi' was celebrated in the Junior School on 23rd August. It was a rainy day but that did not hinder the spirit of the participants.

The performance which was held in the amphitheatre was mesmerizing. It consisted of a short play based on the friendship of Krishna and Sudhama and the choir sang a very popular number 'chor chor makhan chor......'.In the end there was a wonderful dance performance by girls of class III.

Teacher's Day Celebration



Teacher's Day was celebrated by the Junior School students with great zeal. The function started with the School Song followed by a speech on Dr Radhakrishnan and the importance of the day by Myeisha Arora (VE). An amazing fusion dance followed the choir performance by the children of classes III, IV and V.

Chart Making Competition



Social Studies chart making competition was held on 30th August for classes IV and V during the school hours.

The topics were as follows

Class V

- Natural Disasters
- Use of Plastic Boon or Bane
- Population (Asia)

Class IV

- India: Unity in Diversity
- Monuments of India
- Save Earth

Poster Making

A road safety poster making competition for classes IV and V was conducted on 31st August. The topics were -

- Helmets and Seatbelt usage
- · Drinking and Driving
- · Underage Driving
- Motor Vehicle Act
- Over speeding
- Pedestrians as Road Users
- Differently abled road users
- Use of Mobiles while Driving

AS I HANG UP MY SPURS.....



"Find your lane. Make space for the flow to show itself. Follow the natural rhythm of your life, and you will discover a force far greater than your own. "OPRAH WINFREY"

Reflecting on my journey at Yadavindra Public School, Patiala, floods my mind with a rush of emotions and memories. Each passing year saw me evolving into a better version of myself. I still remember those days when I used to walk past the school, while running my errands; I envisioned myself one day standing among its faculty. And I made that dream a reality.

On my first day, March 29th, 1994, I was a timid soul with dreams of independence. As I pen down these thoughts, I'm overwhelmed by the abundance of fond memories and the profound impact this institution has had on my personal and professional growth. Every day at Yadavindra Public School was a step towards self-improvement. I discovered a strength within me, a force capable of reshaping my surroundings and enriching the lives of the students I taught.

For three decades, this institution has been my sanctuary, offering not just a place of work, but a family. I'm indebted to the exceptional leaders who guided me along the way.

In conclusion, Yadavindra Public School isn't just a place of education; it's a sentiment—a haven that fosters dreams and transforms them into reality. To the current students, I urge you to dream big and seize the opportunities this institution offers. Embrace the journey, for within these walls, you'll find the strength to conquer the world.

As I prepare to close this chapter of my life, I wanted to extend my sincerest thanks to each of you. Your kindness, camaraderie and dedication have left an indelible mark on me, and I will carry the memories of our time together with me always.

With love & gratitude.

— Paramjeet Kaur Kheva

'Don't Leave anything for later'

Have you ever said, "Someday I'll get to that?" Sure, most of us have.

It is important for us to remember that someday may come in folk tales and fairy tales but in real life, someday is not a given.

Someday is illusive.

It is an indefinite point or time in the future. If we are depending on getting to something someday, we are missing out on many of our todays. Life unfolds in the present.

The Roman poet Horace had it right when he said, "Carpe diem! Rejoice while you are alive; enjoy the day; live life to the fullest; make the most of what you have. It is later than you think."

I am reminded of these beautiful lines someone shared with me recently from 'Before the Coffee Gets Cold' a book by Toshikazu Kawaguchi

"Don't leave anything for later.

Later, the coffee gets cold.

Later, you lose interest.

Later, the day turns into night.

Later, people grow up.

Later, people grow old.

Later, life goes by.

Later, you regret not doing something...

When you had the chance."

The Foundation Wing Times

Foundation Wing Welcomes the Nursery Family

At YPS, we believe in fostering a warm and nurturing environment where each child feels valued and cherished. As the children step into the Foundation Wing, they embark on a journey filled with discovery, learning and endless possibilities.





This is how they grow......

At YPS, we believe in fostering a warm and nurturing environment where each child feels valued and cherished. As the children step into the Foundation Wing, they embark on a journey filled with discovery, learning and endless possibilities.











Baisakhi Celebrated with Exuberance and Enthusiasm

Prep II 'N' children celebrated this joyous festival with enthusiasm and zeal and expressed their thoughts about the harvest festival.



Orientation Meet [Session 2024-25]

An Orientation meet for Classes Nursery, Prep I and Prep II was conducted in the Foundation Wing to apprise the parents about the basic teaching methodologies, various activities that are held in the wing and to address their queries.

Prep II goes for Nature Walk

All sections of Prep II went for a nature walk and were shown the beautiful blooming flowers in the campus, the playgrounds, swimming pool, the stable, the school flag, school logo and the main building.



Art Fest



Prep II

Nursery



Prep I

Diving into Summer-First Pool Experience

As the youngest Yadavindrians entered the swimming pool for the first time, their excitement knew no bounds. Amidst the fun, they soaked up new swimming pool vocabulary like floaters, goggles, splash, kicking and paddling through the water, creating memories that would ripple through their school years.



Learning Practical Life Skills



Prep II students learnt to button up shirts



Prep I students learnt to wash clothes



Prep II students learnt how to fill bottles with water without spilling



Nursery students folded napkins

The Fruit Carnival

The Foundation Wing of our school recently transformed into a vibrant Fruit Carnival where children were invited to bring an assortment of fruits. It was a sensory extravaganza as they explored the fruits through smell, taste, touch, and feel. It was a joyful celebration where everyone relished the fruits of their choice





Identifying fruits and gaining knowledge about their benefits

Expressing Gratitude towards the Helpers

On this Labour Day, the children took a moment to appreciate the invaluable efforts of our school helpers. With heartfelt gratitude, they crafted 'Thank You' Cards, recognizing the dedication and hard work that our helpers contribute towards their welfare.



Mother's Day

Students of Prep II 'P' showcased their appreciation for the importance of mothers. Through thoughtful presentations, they expressed gratitude and love for their mothers with heartfelt songs and delightful dances.





Prep I and Prep II English Recitation



Special Assemblies

Special assemblies are held to foster the holistic development of young learners. These assemblies are designed to instil strong moral values and build the character of the future generation. Each session begins with the 'Thought of the Week' and its explanation. Children also recite poems on various themes, express emotions and reflect on important lessons. Birthdays are celebrated together promoting the sense of community and belonging.



'Say No to Plastic' Drive





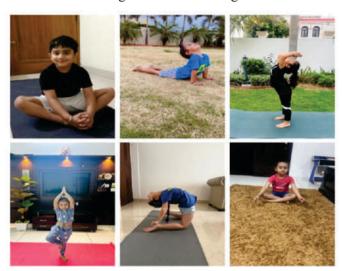
Creating Play Dough from Scratch

This hands-on activity enhanced their fine motor skills, as they kneaded, rolled, and shaped the dough with excitement.



Tiny Yogis: Prep Children Embrace Yoga on International Yoga Day

A special online event was organised to promote awareness about Yoga and fitness among children.



English Story Telling [Prep I & II]

A special online event was organised to promote awareness about Yoga and fitness among children.



The Foundation Wing Welcomes the New Headmaster

A special assembly was held to welcome the new school Headmaster, Mr. Navin Kumar Dixit. During the assembly, Mr. Dixit addressed the young students, encouraging them to focus on becoming good human beings with a strong character.



English Poem Recitation [Nursery]



Enlightening Young Minds on Oral Hygiene - Dental Care Talk by Dr. Divya Tarika

The Foundation Wing organized a Dental and Oral Hygiene awareness talk by Dr. Divya Tarika. The session aimed to educate children on the importance of complete Oral hygiene and Dental Care.

Janmashtami Celebrations [Prep II O]



Independence Day

The youngest Yadavindrians celebrated the Independence Day with heartfelt patriotism at the Foundation Wing. The event featured enthusiastic songs, beautifully choreographed dances, and poignant speeches, all expressing unity and love for the nation.



Go Green Campaign

Using old toys, the children crafted delightful fairy gardens in pots, transforming these miniature worlds into vibrant habitats for their new plant saplings.



Teachers' Day Celebrations

On the occasion of Teachers' Day, the young students of Prep I and Prep II at YPS Foundation Wing presented a beautiful programme reciting touching poems and expressing deep gratitude towards the teachers. This was followed by an energetic English and bhangra dance performance.



Grandparents' Day Celebrations

Nursery children expressed their gratitude and affection for their grandparents through mesmerizing dance performances and heartfelt messages.



FROM A YADAVINDRIAN'S PEN....

AUTOBIOGRAPHY OF A DESK

I was once a tall sturdy Shisham tree standing in the midst of a tree plantation. The world was well aware about my commercial prospects. They chopped me down and brought me under the saw of a carpenter. I was cut into pieces and kept ready for making desks. I was hit by hammers and nails which were pierced into me and eventually I was shaped into the desk that I am today. I was then purchased by Yadavindra Public School where I was placed in class VI P.

VI P is a classroom of 32 students who utilise me turn by turn. I am privy to the private conversations and plans of the energetic children but at the same time, a lot is scribbled over my top as the children absentmindedly make grooves on my smooth surface. I have names, formulas, funny faces and so much more engraved on me. Compared to a tall tree standing in the midst of a Shisham plantation, I believe that I am more intelligent today because I have learnt so much over the years but I do miss my former sylvan surroundings.

However, I do have something sad to share- I am misused sometimes. I am not cared for, students stick chewing gum under me. Some write on me with permanent markers while others draw and doodle on me. There are a few who take good care of me and treat me with respect. I forgive you all as you are good human beings but I hope that this journey is more fruitful for the times to come.

After reading this autobiography, I hope that my young friends shall take better care of me and not scar me further.

Shamsheer K Randhawa

VIII P

ENDLESS ROADS

Life is queer with its twists and turns,

Yet through each twist, everyone yearns.

Don't give up when the pace seems slow,

Stay on the path, let your passion show.

Sometimes energy is low and stress runs high,

And you want to cry but can't even sigh.

Some decisions are tough, some changes great

And sometimes all we can do is wait.

Many roads aren't straight, they bend with fate

But patience pays even if it's late.

When life's road feels tough and the path unclear

Tread with faith even though the heart is full of fear.

Remember, the storm is just a passing show,

Hold tight to your dreams, let your courage grow.

The mountain may be steep, the journey long,

But in your heart, remember to stay strong.

Don't quit; your strength is more than you know

Keep moving forward, for destiny has a lot to

bestow.

Guntas Sidhu

IX E

PUNJABI SECTION

ਸੰਪਾਦਕ ਦੀ ਕਲਮ ਤੋਂ...

"ਜੱਗੋਂ ਵਖਰੀ ਟਹੁਰ ਨਵਾਬੀ, ਬਾਗੀਂ ਖਿੜਿਆ ਫੁੱਲ ਗੁਲਾਬੀ, ਗੁਰੂ ਪੀਰਾਂ ਦੀ ਬਖ਼ਸ਼ਿਸ਼ ਸਦਕਾ, ਵੱਧਦੀ ਫੁੱਲਦੀ ਰਹੇ ਪੰਜਾਬੀ, ਵੱਧਦੀ ਫੱਲਦੀ ਰਹੇ ਪੰਜਾਬੀ।"

ਪਿਆਰੇ ਵਿਦਿਆਰਥੀਓ ! ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਨੂੰ ਵਾਈ.ਪੀ.ਐਸ. ਟਾਈਮਜ਼ ਵਿੱਚ ਨਵੇਕਲਾ ਸਫ਼ਾ ਮਿਲਣ ਸਦਕਾ ਸਾਨੂੰ ਇੱਕ ਵਿਸ਼ੇਸ਼ ਮਾਣ ਪ੍ਰਾਪਤ ਹੋਇਆ ਹੈ, ਜਿਸ ਦਾ ਸਿਹਰਾ ਸਾਡੇ ਨਵੇਂ ਨਿਯੁਕਤ ਹੋਏ ਮੁੱਖ ਅਧਿਆਪਕ "**ਸ੍ਰੀ ਨਵੀਨ ਕੁਮਾਰ ਦਿਕਸ਼ਿਤ"** ਜੀ ਦੇ ਸਿਰ ਜਾਂਦਾ ਹੈ। ਮੈਂ ਆਪਣੇ ਵਿਭਾਗ ਦੇ ਸਮੂਹ ਅਧਿਆਪਕਾਂ ਵੱਲੋਂ ਉਹਨਾਂ ਦਾ ਤਹਿ ਦਿਲੋਂ ਧੰਨਵਾਦ ਕਰਦਾ ਹਾਂ।

ਸਾਡੇ ਸਕੂਲ ਦੇ ਵਿਦਿਆਰਥੀ ਜਿਹੜੇ ਆਪਣੀ ਮਾਂ ਬੋਲੀ ਪੰਜਾਬੀ ਵਿੱਚ ਲਿਖਣ ਦੀ ਰੁਚੀ ਰੱਖਦੇ ਹਨ ਉਹਨਾਂ ਵਾਸਤੇ ਆਪਣੀ ਯੋਗਤਾ ਦਾ ਪ੍ਰਗਟਾਵਾ ਕਰਨ ਦਾ ਇਹ ਇੱਕ ਉੱਤਮ ਮਾਧਿਅਮ ਹੈ, ਜਿਸ ਵਿੱਚ ਵਿਦਾਰਥੀਆਂ ਨੂੰ ਅੰਗਰੇਜ਼ੀ ਭਾਸ਼ਾ ਦੇ ਨਾਲ਼-ਨਾਲ਼ ਪੰਜਾਬੀ ਵਿੱਚ ਵੀ ਆਪਣੀਆਂ ਰਚਨਾਵਾਂ ਤੇ ਭਾਵਨਾਵਾਂ ਪ੍ਰਗਟਾਉਣ ਦਾ ਇੱਕ ਸੁਨਹਿਰੀ ਅਵਸਰ ਮਿਲੇਗਾ।

ਸ਼ੁੱਭ ਇੱਛਾਵਾਂ ਸਹਿਤ,

ਸੁਖਪਾਲ ਸਿੰਘ ਕੋਛੜ

(ਮਖੀ, ਭਾਰਤੀ ਭਾਸ਼ਾਵਾਂ ਵਿਭਾਗ।)

ਮੈਂ ਵੀ ਜ਼ਮਾਨੇ ਬਦਲਦੇ ਵੇਖੇ...

ਮੈਨੂੰ ਕਦੀ-ਕਦੀ ਇਹ ਡਰ ਖਾ ਜਾਂਦਾ ਹੈ ਕਿ ਮੈਂ ਆਪਣੇ ਪੋਤੇ-ਪੋਤੀਆਂ ਨੂੰ ਅਜਿਹੀਆਂ ਬਾਤਾਂ ਸੁਣਾ ਪਾਊਂਗੀ ਕਿ ਨਹੀਂ ਜਿਹੜੀਆਂ ਮੇਰੇ ਦਾਦੀ ਜੀ ਮੈਨੂੰ ਸੁਣਾਉਂਦੇ ਹਨ। ਕੀ ਮੇਰੇ ਬੱਚਿਆਂ ਨੂੰ ਇੰਨਾ ਮੋਹ ਸਾਡੇ ਪਿੰਡਾਂ ਨਾਲ ਹੋਵੇਗਾ ਕਿ ਨਹੀਂ ਜਿਹੜਾ ਸਾਨੂੰ ਹੈ? ਇਹ ਸੋਚ ਕੇ ਮੈਨੂੰ ਡਰ ਲਗਦਾ ਹੈ ਕਿ ਤੀਆਂ ਉੱਤੇ ਜਿਹੜੀਆਂ ਪੀਂਘਾਂ ਦਰਖਤਾਂ ਤੇ ਪਾਈਆਂ ਮੈਂ ਵੇਖੀਆਂ ਹਨ, ਜਿਹਨਾਂ ਉੱਤੇ ਮੁਟਿਆਰਾਂ ਇੰਞ ਝੂਟਦੀਆਂ ਹਨ ਜਿਵੇਂ ਪਰੀਆਂ ਹੋਣ, ਉਹ ਪੀਂਘਾਂ ਕਦੀ ਮੇਰੇ ਬੱਚੇ ਦੇਖ ਪਾਉਣਗੇ ਕਿ ਨਹੀਂ ? ਸਾਡੇ ਬੱਚਿਆਂ ਨੂੰ ਗੀਤਾਂ ਦੇ ਬੋਲ ਰੱਟ ਜਾਣਗੇ, ਪਰ ਮੈਨੂੰ ਡਰ ਹੈ ਕਿ ਉਹਨਾਂ ਵਿੱਚ ਚੌਪਈ ਸਾਹਿਬ ਦਾ ਪਾਠ ਯਾਦ ਕਰਨ ਦੀ ਸਮਰਥਾ ਨਹੀਂ ਹੋਵੇਗੀ।

ਸਾਡੇ ਬਜ਼ੁਰਗ ਸਾਨੂੰ ਆਪਣੇ ਬਚਪਨ ਦੀਆਂ ਗੱਲਾਂ ਸੁਣਾਉਂਦੇ ਹਮੇਸ਼ਾ ਆਖਦੇ ਹਨ-"ਜਿਹੜੇ ਨਜ਼ਾਰੇ ਅਸੀਂ ਲੁੱਟੇ ਨੇ, ਤੁਸੀਂ ਬੱਚਿਆਂ ਨੇ ਤਾਂ ਉਹ ਵੇਲੇ ਦੇਖੇ ਹੀ ਨਹੀ!"

ਪਰ ਮੈਨੂੰ ਲੱਗਦਾ ਹੈ ਕਿ ਹੁਣ ਮੈਂ ਵੀ ਇਹ ਕਹਿਣ

ਜੋਗੀ ਹੋ ਗਈ ਹਾਂ ਕਿ "ਮੈਂ ਵੀ ਇੱਕ ਜ਼ਮਾਨਾ ਅਤੇ ਚਭੱਚਿਆਂ ਵਿਚ ਨਹਾਉਣ ਦਾ ਅੰਤਰ ਬਦਲਦਾ ਵੇਖਿਆ ਹੈ…" ਨਹੀਂ ਪਤਾ ਹੋਵੇਗਾ। ਬੱਚਿਆਂ ਨੂੰ ਫ਼ੋਨ ਵਾਲੀਆਂ

ਜਿੱਥੇ ਅੱਜ-ਕੱਲ੍ਹ ਦੇ ਨਿਆਣੇ ਮੋਬਾਈਲ ਵੇਖੇ ਬਿਨਾਂ ਰੋਟੀ ਨਹੀਂ ਖਾਂਦੇ, ਓਥੇ ਅਸੀਂ ਮਾਂ ਦੀ ਇੱਕ ਘੂਰ ਅਤੇ ਦਾਦਾ ਜੀ ਦੇ ਖੁੰਡੇ ਦੀ ਇੱਕ ਥੜਕ ਨਾਲ ਰੋਟੀ ਖਾਣ ਲੱਗ ਜਾਂਦੇ ਸੀ। ਅਸੀਂ ਨੌਕਰਾਂ ਦੇ ਹੱਥਾਂ ਵਿਚ ਨਹੀਂ ਬਲਕਿ ਆਪਣੇ ਦਾਦੇ-ਦਾਦੀਆਂ ਦੀਆਂ ਅਸੀਸਾਂ ਹੇਠ ਪਲੇ, ਪਰ ਅੱਜ-ਕੱਲ੍ਹ ਬਜ਼ੁਰਗ ਇੱਕੋ ਘਰ ਵਿੱਚ ਰਹਿੰਦੇ ਹੀ ਕਿੱਥੇ ਹਨ। ਅੱਜ ਦੇ ਨਿੱਕੇ-ਨਿੱਕੇ ਬੱਚੇ ਕਿੱਥੇ ਸਾਡੀ ਪੰਜਾਬੀ ਦੀਆਂ ਰੀਸਾਂ ਕਰ ਲੈਣਗੇ; ਜਿੱਥੇ ਸਾਡੇ ਪੰਜਾਬੀ ਦੀਆਂ ਰੀਸਾਂ ਕਰ ਲੈਣਗੇ; ਜਿੱਥੇ ਸਾਡੇ ਪੁੰਜਾਬੀ ਦੀਆਂ ਰੀਸਾਂ ਕਰ ਲੈਣਗੇ; ਜਿੱਥੇ ਸਾਡੇ ਪੁੰਜਾਬੀ ਦੀਆਂ ਗੋਸਾਂ ਕਰ ਲੈਣਗੇ; ਜਿੱਥੇ ਸਾਡੇ ਹੈ,ਓਥੇ ਇਹਨਾਂ ਬੱਚਿਆਂ ਨੂੰ ਪੰਜਾਬ ਵਿੱਚ ਰਹਿਕੇ ਠੇਠ ਪੰਜਾਬੀ ਨਹੀਂ ਬੋਲਣੀ ਆਉਂਦੀ। ਅੱਜ ਸਾਨੂੰ ਕੋਈ ਵੀ ਬੱਚਾ ਸਕੂਲ ਫ਼ੁਲਕਿਆਂ ਵਿੱਚ ਅੰਬ ਦਾ ਅਚਾਰ ਲਿਆਉਂਦਾ ਨਹੀਂ ਦਿੱਸਦਾ, ਜਿਵੇਂ ਅਸੀਂ ਲੈਆਉਂਦੇ ਹੁੰਦੇ ਸੀ।

ਇਹ ਡਰ ਮੇਰੇ ਦਿਲ ਵਿਚ ਸਦਾ ਰਹੇਗਾ ਕਿ ਆਉਣ ਵਾਲ਼ੀ ਪੀੜ੍ਹੀ ਨੂੰ ਸਵਿਮਿੰਗ-ਪੂਲ ਵਿਚ ਅਤੇ ਚਭੱਚਿਆਂ ਵਿਚ ਨਹਾਉਣ ਦਾ ਅੰਤਰ ਨਹੀਂ ਪਤਾ ਹੋਵੇਗਾ। ਬੱਚਿਆਂ ਨੂੰ ਫ਼ੋਨ ਵਾਲੀਆਂ ਹਰੇਕ ਖੇਡਾਂ ਪਤਾ ਹੋਣਗੀਆਂ ਪਰ ਅੱਧੀ ਛੁੱਟੀ ਦੀ ਘੰਟੀ ਵੱਜਣ ਤੇ ਦੋਸਤਾਂ ਨਾਲ ਪੀਚੋ ਖੇਡਣ ਦਾ ਮਜ਼ਾ ਨਹੀਂ ਪਤਾ ਹੋਵੇਗਾ। ਇਹ ਬੱਚੇ ਏ.ਸੀ. ਥੱਲੇ ਬਹਿਕੇ ਠੰਢੀ ਹਵਾ ਜ਼ਰੂਰ ਲੈਂਦੇ ਹੋਣਗੇ, ਪਰ ਜਿਹੜੀਆਂ ਛਾਵਾਂ ਅਸੀਂ ਦਰਖ਼ਤਾਂ ਹੇਠ ਬਹਿਕੇ ਮਾਣਦੇ ਸੀ ਅਤੇ ਜਿਹੜੀ ਠੰਢੀ ਪੌਣ ਸਾਡੇ ਹੱਡਾਂ ਵਿਚ ਵੱਜਦੀ ਸੀ, ਇਹ ਬੱਚੇ ਉਹ ਨਜ਼ਾਰਾ ਕਦੀ ਵੀ ਮਹਿਸੂਸ ਨਹੀਂ ਕਰ ਪਾਉਣੇ।

ਪੰਜਾਬੀਅਤ ਇੱਕ ਬਹੁਤ ਵੱਡਾ ਦਰਖ਼ਤ ਹੈ, ਜਿਸਦੀਆਂ ਸ਼ਾਖਾਵਾਂ ਅਸੀਂ ਹਾਂ ਅਤੇ ਸਾਰੀ ਨਵੀਂ ਪੀੜ੍ਹੀ ਨੂੰ ਉਸਦੇ ਉਹ ਨਰੋਏ ਫੁੱਟ ਰਹੇ ਹਰੇ-ਹਰੇ ਪੱਤੇ ਬਣਨਾ ਪਵੇਗਾ ਤਾਂ ਜੋ ਓਸ ਦਰਖ਼ਤ ਦੀ ਸ਼ਾਨ ਹੋਰ ਵੱਧ ਸਕੇ ਅਤੇ ਇਹ ਦਰਖ਼ਤ ਸਾਰੇ ਪੰਜਾਬ ਨਹੀਂ ਬਲਕਿ ਸਾਰੀ ਦੁਨੀਆ ਵਿਚ ਫ਼ੈਲੇ, ਪੰਜਾਬੀਆਂ ਉੱਤੇ ਛਾਵਾਂ ਕਰ ਸਕੇ।

> ਤਹਿਜ਼ੀਬ ਚੀਮਾ XI-ਆਰਟਸ

HINDI SECTION

नृत्य

नृत्य अपनी चालों, चरणों और मुद्राओं के माध्यम से भावनाओं को अभिव्यक्त करने को एक श्रेष्ठ साधन हैं। नृत्य एक शक्तिशाली आवेग हैं, लेकिन नृत्य की कला वह आवेग हैं जिसे कुशल कलाकारों द्वारा किसी ऐसी वस्तु में बदल दिया जाता है जो गहन रूप से अभिव्यंजक बन जाती है और जो उन दर्शकों को प्रान्त कर सकती हैं जो स्वयं नृत्य करने की इच्छा नहीं रखते हैं।

नृत्य के विभिन्न रूप हैं, चाहे वह शास्त्रीय हो, लोक हो, पाश्चात्य नृत्य, नृत्य का प्रत्येक रूप अपने तरीके से चमकता है।

मेरे बाल्यवस्था के प्रिय स्मृतियों में सबसे महत्वपूर्ण पल वह है जब मेरा नृत्य से परिचय हुआ। मैं अब ग्यारह वर्ष की हूँ और अब भी नृत्य मेरी पसंदीदा रूचि है। मैं अपने विद्यालय के विभिन्न नृत्य समारोहों में बड़े उत्साह से भाग लेती हूँ। नृत्य करते समय मैं अपने आप को पूरी तरह से तनाव-मक्त महसूस करती हूँ।

विशिष्ट रूप से मित्रों अथवा बहन के साथ नृत्य करना मेरे मन को बहुत भाता है। नृत्य का कोई भी नया रूप सीखना बिल्कुल एक नई भाषा सीखने जैसा है। आरंभ में कठिनाईयाँ हो सकती हैं, परंतु जैसे-जैसे हम अभ्यास करते हैं, अपने आप हाव-भाव और पैरों की हरकतें स्पष्ट होती जाती हैं। पश्चिमी संगीत मुझे बहुत आकर्षित करता है, परंतु शास्त्रीय संगीत भी उतना ही लुभाता है।

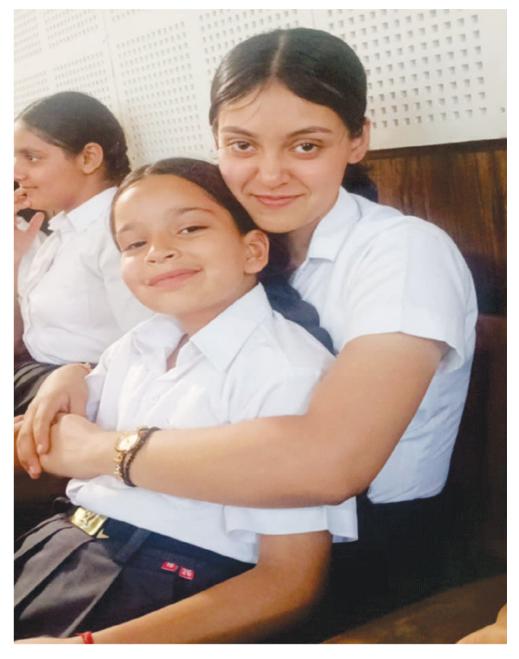
शास्त्रीय संगीत पर नृत्य करते हुए ऐसा प्रतीत होता है जैसे जगत के सभी देवताओं को प्रणाम कर रही हुँ। यह मंच पर दर्शकों को बहुत ही मंत्रमुग्ध करता है।

मेरे नृत्य के शोधन में हमारे शिक्षकों का अत्यंत योगदान है, जिन्होंने मुझे इसमें उत्कृष्टता प्राप्त करने में सहायता की।

कुल मिला कर मै यही कहूँगी, नृत्य कला में कौशल प्राप्त करना कोई किठन काम नही हैं। नृत्य को करने का कोई सही या गलत ढंग नही है। यह तो बस हमारे मन की अनुभूति को सार्वजनिक रूप से प्रकट करने की प्रणाली है।पहला चरण उठाना किठन हो सकता है, पर उसके बाद सब कुछ सरल हो जाता है। हमें सदा अपने दिल को खोल के नृत्य करना चाहिए और अपने शरीर को संगीत की लय के साथ स्वतंत्र रूप से चलने देना चाहिए।

अरावली शर्मा कक्षा सातवी-ई

PICTURE PERFECT



The everyday camaraderie in the Girls' Boarding House is visible in this picture!

EDITORIAL TEAM

- Chief Editor Mrs. Roopalee
- Junior School Report Mrs. Naveen Sidhu
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