

NEWSLETTER OF YADAVINDRA PUBLIC SCHOOL, PATIALA (March to August, 2020)

- The School donated -550 PPE kits ,300 N95 masks and 300 face shields to the Patiala district nominated COVID Hospital during the lockdown.
- School students as a part of SUPW and NSS activities donated handmade masks, hand sanitizers, groceries, books and stationary on several occasions to the under-privileged people in the city
- School students participated in online Round Square Conferences, MUN Conferences, Art Fests and Photography contests hosted by different schools in India and abroad.
- Online summer camps were conducted during the mid- term break from July 1-20

FIRST THOUGHT

Even in these strangest times of our lives. human behaviours are changing for the better. Human beings have become...humane!

Uday Batra, IX-P

MACTIVITIES



SUPW/IAYP/NSS ACTIVITIES NSS VOLUNTEERS

programmes, school students donated FATEH' necessities to needy people in the The following students participated present times of crisis.

Students of class XII donated 1. Vishav Bindal, XII Accounts sanitizing kits containing face masks, 2. Kabir Arora, XII Accounts hand sanitizers, hand wash (liquid as well as soaps) and sanitary napkins.

Students of class XI donated grocery bags (containing grocery for a family of 4 members for a month).

These were distributed at various institutions like Sai Old Age Home, Village Choura, Leprosy home, SD Institute for Physically and Mentally Challenged Children and COVID 10. Sargam Kaur, XII Arts Isolation Ward at Rajindra Hospital, 11. Ansh Taneja, X O Patiala.

Helping staff at YPS, Patiala.

As a part of the SUPW, IAYP and NSS **PARTICIPATE IN 'MISSION**

in 'Mission Fateh'--

- 3. Chirag Bansal, XII Commerce
- 4. Jannat Teja, XII Commerce
- 5. Vijay Goel, XII Science
- 6. Karandeep Singh, XII Commerce
- 7. Kushal, XII Science
- 8. Sanchita Gupta, XII Arts
- 9. Ananya Goel, XII Commerce

'Mission Fateh' is a government of Provisions were also distributed to the Punjab initiative that aims at spreading the message of exercising

discipline, cooperation and compassion among the people-discipline to observe all precautions against corona virus, cooperation with the state government in abiding by all the lockdown rules and compassion for the poor in helping and giving them aid.

YPS STUDENTS ATTEND **ONLINE MUN CONFERENCES**

Over 50 students from the School attended online MUN Conferences conducted by the following schools-

- 1. Lawrence School Sanawar- Nysa Kataria, XO, and Divnoor Samra, XI Arts, won the Best Position Paper awards
- 2. Indian High School, Dubai
- 3. Bhavan Vidalaya School, Chandigarh
- 4. Welham Boys' School, Dehradun
- 5. Vivek High School, Chandigarh

POSITIONS IN INTER-SCHOOL NEWS BROADCAST **AND STORY-TELLING COMPETITIONS**

Kanwar Sandhu, XI Arts, and Hargun Gill, VII O, secured the third and the second position in News Broadcast and Story-Telling categories, respectively, in an inter-school online competition held by Kabir Indian International School, Vadodara.



STUDENTS QUALIFY FOR FINAL ROUND OF **PRESTIGIOUS ESSAY CONTEST**

The following students took part and qualified for the final round of an Essay Writing Contest organised by 'Rethink India'. The topic was -'The New Normal'-

- 1. Punya Arora, IXO
- 2. Divyam Bansal, VIII N
- 3. Hargun Gill, VII O
- 4. Sifat, VIIP
- 5. Nyamat Dhaliwal, VII P
- 6. Jansher, VIN

AFS (AMERICAN FIELD SERVICE) ACTIVITIES



1. First Virtual Programme, 1st May, 2020

To celebrate the World Day Cultural Diversity for Dialogue and Development, the following students participated in the first virtual exchange programme -

- Sarah Gupta, X-E
- Gunmay Garg, IX O
- Naunihal Singh, IXO. The topic was 'Celebrating Indian participants exchanged knowledge on their customs, art

and culture with two other

participating schools from Madurai and Kolkatta and spoke on UNO's sustainable goals and how as students they are contributing towards these goals.

- Our students attended a presentation by AFS on the different programmes offered this year. The interaction with Ms Divya Arora, AFS, Intercultural India, gave them an insight into the origin, mission and vision of the AFS. A few students have volunteered to join the' AFS Global You Adventurer Programme'
- 3. School students submitted entries for the programme -'Share a Collage of Pictures' on the theme 'Global Day of Parents'. This programme was an opportunity for the students to spend some quality time with family and helping their parents and grandparents as a gesture to show respect to them.
- of 4. Students from classes IX to XII participated in an Essay Writing and Poster Making Competition held under the 'AFS Inter Cultural Programme India 'on the occasion of the World Youth Skills Day, July 15. The theme was,' 'Youth Skill Development for a Better Tomorrow'
- Cultural Diversity'. The 5. On the occasion of the Independence Day, the School offered AFS Master Chef programme to the students of the

Middle and the Senior School.

CELEBRATING THE INTERNATIONAL YOGA DAY

The following students took part in an online Yoga Training Session organized by the School on the occasion of the International Yoga Day, June 21-

- 1. Nysa Kataria ,X O
- 2. Karuna, IX E
- 3. Tejasvi, IX E
- 4. Khushnoor, IX O
- 5. Naunihal JX O
- Punya Arora, IX O
- 7. Guneetinder Singh, IX O
- 8. Gurveen Kaur, IX O
- Sumer Singh IX P
- 10. Jasdeep Singh ,IX P
- 11. Ashmeen, IX P
- 12. Gurshaan, IX N
- 13. Manhar Aggarwal ,IX E
- 14. Samarveer, VIII N
- 15. Shruti, VIII N
- 16. Takshbir, VIII N
- 17. Suhani, VIII N
- 18. Ujeshwar, VIII N

The participants shared their videos in different yogic postures on social media platforms. The videos can be viewed at -

https://youtu.be/-RDIekKZrpM

NCCACTIVITIES

School NCC cadets attended an online session organized by Government of India, Ministry of Personnel, Public Grievances and Pensions (Training divisions). The session included video lectures on the COVID -19 pandemic and how NCC cadets have been helping in collection and distribution of medicines, rations and other essentials.

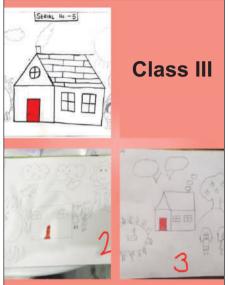
ROBOTICS ACTIVITIES

Continuing their fascination with Robotics, school students availed their time at home to make the following indigenous devices -

Manveer Singh, IX O- He has created a drone of his own, besides a blue-tooth based Mobile Controlled

Harsh Thapar, VIII N- Social Distancing Face Shield with the use of Ultrasonic Sensors.





Prabhnoor Singh, VIII P, and switches and batteries has developed II. Arnav Aggarwal, VIII O - several programming-based Automatic Sanitizer Dispensers

Rehaan Raj, VI P- A young, PHOTOGRAPHY promising boy possessing sound ACTIVITIES

projects.

knowledge of basic components like The following students took part in an

online Photography Competition organized by Welham Boys' School Dehradun, the theme of which was' Zooming out COVID'-

- Fateh Zorawar Singh, X O
- Uday Singh Chahal, X N
- Aadeshveer Singh, IX N
- Mankaran Singh, VIII P

PICTURE DICTATION **COMPETITION IN THE** JUNIOR SCHOOL

Results of the Picture Dictation competition held for classes II and III:

Class II-

- I. Aradhya Jain
- Sarab Ekam Kaur
- III. Laghima Garg Class III-
- I. **Ansh Goel**
- II. Aravali Sharma
- III. Gurkanwar Singh Kaura

ART AND CRAFT COMPETITIONS AND FESTS

YPS students participated in a large array of online Art and Craft events. 3. Students participated in an Art • These are-

- 1. Pavit Panag, XII Science, and Shemoila Saini, XI Arts-A twoday workshop organised by Sai 4. 40 students from classes VI to international School, Bhubaneswar. The theme was 'Art and Artists Across the Border'.
- 2. Pavit Panag, XII Science, Sanchita Gupta, XII Arts and Chitra Goyal, XI Arts- An Art • Festival held by Vidya Devi •

- School, Hisar.
- and Craft event held by St.Kabir . Indian International School, . Vadodara
- VIII 'Earth Day', an event organised by Theatre for Theatre Sanskar Bhartiya Punjab. In this event, the following students received Certificates of Appreciation –
- Harsh Thapar, VIII N
- Naman Garg, VIII N











- Ujeshwar, VIII N
- Aadeshvir, VIE
- Kamakshi, VIO
- Anusha Gupta, VII N . She also won the third prize in the Mask-Making Competition.
- 5. 35 students from classes VI -VIII -Round Square online drawing competitions hosted by different schools, including one by Indian High School, Dubai. The topics were ,'Internationalism'.'Marine Life', 'Now or Never' and 'Hope'
- 6. 9 students from classes VI to VIII the Ring Bell Poster Making Competition. They drew on the topic, 'Buy Indian Goods Only'.
- 7. 5 students from class VIII -An **International Painting Competition** organised by renowned Institute for Career Studies, Lucknow. The topic was,'A Thing of Beauty is a Joy Forever'
- 8. 12 class VI and VII students -A National level painting competition organised by Gulmohar Bagh Venus Traders, Pune. The topic was, 'Life after Corona Pandemic'
- Students participated in Meraki Visual Art Fest hosted by Welham Girls' School, Dehradun

FACE-OFF! Virtual Classes Vs. Normal School



Virtual Classes

In these past five months, the pandemic has made us all slow down, pause and reevaluate ourselves . For many it's been frustrating to be at home but it has also given us the time we have never had before. Technology has completely changed our learning experience and has made it more interactive. There are many reasons why a virtual classroom can be more effective than a regular classroom.

The sharing of presentations has added a new dimension to our studies. Above all, it has sharpened our digital skills.

I am proud to be a part of Yadavindra Public School which has made a perfect online curriculum and keeps us active and busy throughout the day through various online activities. I could never imagine myself doing yoga, aerobics, dance, round squares and MUNs virtually. But now, all this is possible even in these hard times, when we are away from school, courtesy online classes and virtual teaching.

Aahana Goel, VII-N

Normal Classes

I strongly feel that normal school and regular classes are far better than online teaching. And I have reasons to prove my stance.

During regular classes, students can participate in real time with teachers and classmates. This creates additional learning opportunities beyond the course content. Students can ask questions and get clarification on things they are uncertain of. This increases everyone's understanding; active learning and participation are beneficial for all involved. Students learn how to communicate and interact with teachers and classmates at school. Many small lessons are learnt by communicating with peers and teachers. Schools are well organized and structured in traditional education. The routine that comes with traditional schooling brings punctuality, discipline, and organization to children. This gives students a sense of responsibility to arrive to the class prepared and on time. These habits will be with them into adulthood. Throughout our school years, we gain a great deal by participating in class field trips, school activities, sports, and more. These life experiences cannot be gained anywhere else.

Anubhav Verma, VII-O

opportunity to participate in an online quarantine period. competition called, "100 Days of Apart from this, periodic video calls was, sometimes, just five minutes an over-stimulation of my brain. before the given deadline) . The The lockdown was initially a scary prompts were interesting and absurd thought, but now, "Every day is a at the same time. It went from prompts Sunday" is a reality I choose to exist like 'Town' to 'Spoink'. But, overall, it in! was a great learning experience and it proved to be a great way for me to

Sketching". The competition was with friends helped me stay in touch different in that it required the with them. Contemplative thoughts participants to send one drawing per were inevitable but taking some time day over a period of the next hundred off studies helped me relax too An days. To be honest, it was not always hour's worth of sports helped me in easy, but I was able to submit an art loosening the stress caused by an piece every day consistently (even if it over –use of technology and prevent

Udayveer Singh Shergill, X-E

HOME ALONE -LOCKDOWN TALES!

Students relate their experiences during the lockdown period in this litany of interesting pieces.



· Being in quarantine is an experience that I will never forget!

Sitting at home with the hours passing by in an

abstract blur. I can't help but notice the odd changes that this new lifestyle of masks, sanitizers, and social distancing has brought about in the people around me. Our normally gruff greengrocer, now softened by the lockdown, has become surprisingly happy to spend time chatting with anyone who walks into his shop. My typically extrovert neighbours now don't dare to walk out of their gate more than once a week. Much to my dismay, the ice cream man reduced his habitual daily rounds to three per week, and the lack of daily visits from the gardener has caused all the flowers in my lawn to wilt, despite watering them enough every day. As for me, the time keeps crawling on and after nearly four months into the lockdown, I realize how little of it I actually need! I have my books, classes, video games, the internet and plenty of food to keep me contentedly occupied till the time an effective solution is discovered and everything can go back to the usual routine. And in the meantime, I shall continue doing what I am, for now, staying positive and completing my schoolwork.

Raahat Shergill, X-O

• Over the quarantine, I got the remain productive during the • The tales during this lockdown have been happy vs sad; more like two sides of the same coin. I got more time with my family but I missed my friends. There was no school but neither any vacations. Mom cooked yummy food at home but I often craved for junk food. So much time to learn new things but no environment to go out.. No need to get ready and dressed up, but I want to go shopping and buy something for myself. So, in short, this lockdown has brought some blessings, some woes, and I think that the right mixture of pre and post corona times would be an ideal life!!

Kaavya Aggarwal ,VIII-N

ARE WE HEADING TOWARDS DESIGNER MASKS???

MASK-ing Twenty Twenties!!!

trendy!

It is ironical how something that we Wearing masks everywhere is such a planning an outfit. though it ensures people wear a mask differently. They are practical but how do we really feel to see something also make a compelling reflection for associated with the tragedy and our mood and aesthetic. As masks horrors of a pandemic to be trending become a part of our lives, maybe the mask is the absolute worst. as the latest fashion accessory?

Seeing we will need to wear masks for fade too. Soon they will be seen as a the foreseeable future, people and regular fashion accessory, just like brands are both ensuring that they fit sunglasses. After all, masks aren't the right into their outfits. 'Givenchy' first functional things in our even released their own mask and cap wardrobe to become chic! combo, but it's not a recommended The concept of minting money from buy as it is definitely going to set you masks might be really desperate but £425 back.

selections!

uneasiness surrounding them will

these are the kind of opportunities

We had the roaring twenties. Now the The craze for matching masks and that arise from a crisis. Soon people will designer masks is highlighted by the need multiple masks in rotation Face masks have become a necessity fact that 'Vogue' the fashion especially as things begin to open back during these pandemic times and the magazine, released a compilation of up. Having a mask that matches exactly fashion industry ensures that they are 1000 aesthetically pleasing mask is a fun fashion move. Considering what mask to wear will soon become a part of

wore for our safety has quickly foreign concept to all of us that Even though the commodification of emerged as a fashion statement. Even everyone is going to embrace it and capitalization on a healthcare item feels like murky ethical territory to me, I would still endorse a beautiful mask just to keep out of that beautiful coffin. No

> If seeing a mask as a style can prompt people to wear a mask, there is nothing wrong in being safe and chic. When you come out in a stylish mask or a visually pleasing accessory as a pretty mask, it doesn't seem as though we are fighting a war. It seems more fun!

> > Aaina Saini, X-O

ONLINE SUMMER CAMPS

"We Believe in Changing With The Changing Times"

COVID-19 brought with it a changed system. Everything changed -from the way we worked, the way we interacted, the way we celebrated and even the way we taught and the children learnt.

Here in YPS, after a successful first ever online term, we realized that the children needed something more than staying home during the vacations. Thus, online summer camps, both for the Junior and the Senior School, were organised which offered hobbies like Dance, Music, both vocal and instrumental, Art, Yoga, Aerobics, Cookery, Photography and Calligraphy . We ran the Summer Camp for two weeks and at the end of the Summer Camp, we had many little chefs, young Picassos, lovely dancers, perfect yogis and melodious singers. The summer camps ended on a happy note. Not only did we have happy kids but we also had thankful mums, who enjoyed being a part of it. Three cheers to the teachers and the children who participated!!!

Mrs. Tarinder Kaur









MY NANI KNITTED SOCKS FOR INDIAN **SOLDIERS IN 1962**

people to unite, we have become more divided than ever. On one side the coronavirus pandemic, and on the other the tension between India and China. Both the countries are blaming each other for the clash that happened at the LAC (Line of Actual Control). It took the lives of 20 Indian soldiers and 45 Chinese ones.

The other day, I was eating dinner at my Nani's place. I asked her if she had witnessed any war. She said yes. We got talking. Our conversation had never been this long. She opened a whole world of herself. This was the first time I got to know more about her than the fact that she was my mother's mother.

Born in Amritsar in 1950, she had lived near the Golden Temple till the time she got married. She saw the Indo-China War in 1962 and also the war between India and Pakistan in 1965.

According to her, the Indian men fighting the war of 1962 didn't have proper boots for the cold terrain and wore canvas shoes. The government asked schools to get students knit woollen socks for them. My Nani place. So, the students listened to the

At a time when it is necessary for doesn't remember from where they got the wool. As she puts it: 'Sanu koi samajh nahi si (we didn't know much).' But she remembers knitting a pair of socks for the soldiers. One of the socks turned out to be smaller her efforts. She was only 12, almost as old as I am today.

> The government also told the students to protest against the Chinese and take out a procession. My Nani, however, doesn't spotthem. remember what they shouted during the protest. Today, too, protests are taking place in India against China.

And in 1965, the aerial phase of the war against Pakistan started on September 5. My Nani clearly remembers that. At the time, her exams of Class 10 were about to begin. The students were reluctant to deposit the fees. They weren't sure if the exams would take place or not. But their teacher told them that when she was in Class 10, Partition happened and even at that time many students were unwilling to pay the the fees and the exams had taken

teacher and paid their fees.

The bombs used to come down at night, she recalls. "The bombs were so loud that it looked as if the Pakistanis would reach Amritsar any time," she told me.

Blackouts used to be frequent. than the other, yet she was praised for Apparently you couldn't even use a candle. They were scared to eat, she said, and the smell of the bombs killed their hunger. They would hide under their manjas — string cots — in the belief that Pakistani planes wouldn't

> She told me that every night a man called Raju stood alert, looking out for Pakistani planes. If he spotted one, he would alert people in the neighbourhood. A plane once dropped a bomb at Bhandari Bridge near Lawrence Road.

> Her family always kept a suitcase ready, full of clothes, along with a torch, in case they had to leave the house suddenly. I can't imagine how it must have been for my Nani. Hoping that bombs don't fall on their heads.

After this long chat with her, I realised my Nani stands true to her name: Daljit, fees. But they eventually deposited which means the one who wins hearts!

Raissa Batra .VIII-E

INTRA-SCHOOL STORY -TELLING COMPETITION

The following students have been 3. recognized for Outstanding 4. Performance-

- **Class VI**
- Vriti Sharma, VIP
- Aradhita Baadhwar, VIN
- Sohila Shavinder Singh, VIE 3.
- 4. Sachi Mittal, VIO
- 5. Aarohi Goyal, VIO
- **Class VII**
- 1. Hargun Gill, VIIO
- 2. Renee Dhadli, VIIE
- 3. Vanshika Bali, VIIO
- 4. Manit Gupta, VIIN
- **Class VIII**
- 1. Mallikarjun Ahluwalia, VIIIE
- Shubrika Chopra, VIIIP

- Hkimat Kaur, VIIIO
- Ira Mittal, VIIIP
- 5. Gunraj Kaur, VIIIN
- **Class IX**
- Tejas, IXN 1.
- 2. Punya Arora, IXO
- 3. Samaira Singh, IXP
- 4. Sayan Goel, IXE
- 5. Manveer Singh, IXO

The following students have been 4. recognized for Commendable Effort 5.

- Class VI
- 1. Jansher Grewal, VIN
- 2. Parihaan Jagdevan, VIP
- 3. Pakhi Gandotra, VIN
- Rehaan Gupta, VIE

- Class VII
- 1. Zorawar Sandhu, VIIN
- 2. Tehzeeb Kaur Cheema, VIIE
- Yajvin Kaur, VIIP 3.
- 4. Manya Sharma, VIIP
- **Class VIII**
- Adab Kaur, VIIIO 1
- 2. Rabbani Batra, VIIIP
- 3. Suhani Singla, VIIIN
- Divyam Bansal, VIIIN
- Raissa Batra, VIIIE
- Class IX
- Kiratnoor, IXN 1.
- 2. Nikshay Monga, IXE
- 3. Dakshita Bhalla, IXP
- Rabbani Saharan, IXN

INTRA-SCHOOL ART COMPETITION

The following students received • Certificates of Merit -

- Table Mat Design (Class VI)
- 1. **Aziman Singh Athwal** VIE
- 2. Bhavik Goyal, VIN
- 3. Prajanya Kapoor, VIO
- 4. Dilsher Singh, VIP

- Paint a Ceramic Plate (Class VII)
- 1. **Aikam Sidhu**, VIIP
- 2. Jasnoor Kaur, VIIO
- 3. Aahana Goel, VIIN
- 4. Ashmanpreet Bangar, VIIN
- 5. Ramneetinder Singh Sekhon, VIIN
- 'Ganesh Mural' (Class VIII)
- 1. Anvi Gupta, VIIIO
- 2. Sukhman Dhiman, VIIIP
- 3. Adab Kaur, VIIIO
- 4. Harsh Thapar, VIIIN
- 5. Vardaanveer Singh, VIIIN

ART COMPETITIONS-OUTSTANDING CREATIONS











VardaanveerSingh, VIII-N















JUNIOR SCHOOL STORY -TELLING COMPETITION

An Inter-Class Story –Telling competition for classes IV and V was held in the Junior School. The topics were Hardwork/Moral Stories for Class IV and Friendship/Element of Surprise for Class V.

The results are-





JUNIOR SCHOOL COOKERY COMPETITION

 $A \, Cookery \, competition \, was \, organized \, for \, classes \, IV \, and \, V \, . The \, students \, participated \, with \, zest \, and \, zeal, \, sharing \, \, videos \, of the \, recipes \, they \, made \, at \, home \, .$

The results of the competition are-







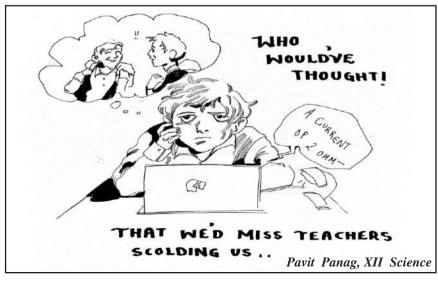


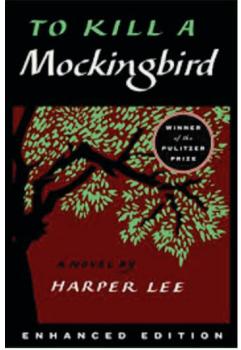
WHAT WERE YOU READING **DURING THE LOCKDOWN DAYS?**



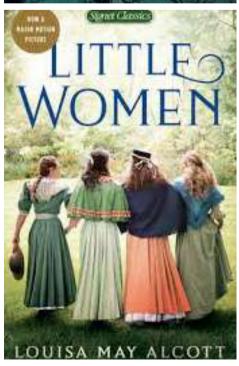
- 1. 'Twilight Saga -New Moon' by Stephenie Meyers: Enayat Shergill
- 2. 'The Chronicles of Narnia' authored by C.S Lewis: Divraj Singh
- 3. 'I was reading a magazine named 'Autocar'. It gives a lot of information about the upcoming 16. 'What to Say Next' by Julie cars, bikes and new inventions in the field of automobiles." Krish Bansal
- 4. 'The Girl from the Well' by Rin Chupeco, 'Crescent City' by 18. 'I indulged in reading all of my Saraah J. Maas, 'Carve the Mark' by Veronica Roth and' Throne of Glass' by Saraah J. Maas: Preen Arora
- 5. 'My Experiments with Truth An Gandhi': Fatehraaj Singh Virk
- 6. 'Ikigai' by Hector Garcia and 20. 'The Palace of Illusions' by 'Franscesc Miralles': Qaayenaat
- 7. 'Little Women 'by Louisa May Alcott and 'Nikola Tesla- 21. 'To Kill a Mockingbird' by Autobiography ': Saraah Gupta
- 8. 'Why I Assassinated Mahatma 22. Gandhi' by Nathuram Godse: Deeptansh Dhadwal

- 9. 'A Thousand Splendid Suns' by Khaled Hosseini: Punya Arora
- 10. The Duchess 'by Danielle Steel: Parina'
- 11. 'The Alchemist' by Paulo Coelho: Maneet Mann
- 12. 'Redemption' by David Baldacci: Guneet Dhaliwal
- 13. 'Sense and Sensibility' by Jane Austen: Aaina Saini
- 14. 'A Dog's Way Home' by W. Bruce Cameron: Manyata Sethi
- 15. 'The Fault in Our Stars' by John Green: Harshita Thaman
- Bauxbam: Eekisha Ahluwalia
- 'Sparks of Phoenix' by Najwa Zebian: Naina Grewal
- kindergarten books including 'Goldilocks', 'Thumbelina' and 'The Beauty and the Beast'! Guess lockdown makes us go back in time! : Anahat Chauhan
- Autobiography of Mahatma 19. 'The Immortalists' by Chloe Benjamin: Angad Guram
 - Chitra Banerjee Divakaruni: Amrita Chopra
 - Harper Lee: Arshjot Nagpal
 - 'A Thousand Splendid Suns' by Khaled Hosseini: Nysa Kataria









LEBANON "WHAT TO EXPECT NEXT

Lebanon's future is blurry with left homeless. At this moment, NGOs took place. splinters and smoke still circling its detached from the government such capital city of Beirut coupled with a on providing relief to the citizens. perniciously dying economy and the The explosion inevitably had its pandemic. The future is nothing but effect on the economic and political the consequence of our present- and landscapes. The economic crises had here's glimpse of its plagued state risen to the point where even before putting a question on its future. Two blasts occurred on 4th August with the projected that 45% people in the explosion of 2750 tonnes of ammonium nitrate-a highly blasts reached out with foreign aid combustible material used to make fertilizers and bombs-that was stored tough for its economy to rise from the in the port of Beirut, in unsuitable brink, but there is hope for it to climatic conditions, with no expert survive on the gold reserves. It has a oversight for more than 6 years. It security which has risen above \$2000 resulted in 177 deaths, injuries to over for the first time, believed to be a 6000 people and more than 300,000 consequence of the devastation that

Covid-19 hit, the World Bank country would be below poverty line in 2020. The government after the and zero-interest loans and it is still

The political landscape is dwindled air, from the catastrophic blasts in the as Lebanese Red Cross are focusing as the entire government has resigned due to mass protests after the explosions, which demand democratic and transparent governance. If there are any hopes for the political future of Lebanon they can be placed on Hezbollah (an eminent political party) after meeting certain criteria, even after the rather controversial string (of being responsible for the occurrence on 4th August) that it is attached to. The future of Lebanon is uncertain yet evidently at the edge of a cliff where any conspicuous move is either a push or a save, and all we can do from the comfort of our homes is observe.

Jannat Teja, XII-Commerce

'AMBASSADORS OF HOPE'-

Ambassadors of Hope' was an event from YPS, Patiala, participated .The initiated by Mr. Vijay Inder Singla, students shared videos on the social PWD and Education Minister, Punjab. media platform, speaking on the The campaign, incidentally, was survival of hope amidst the despair introduced at a time when the initial and the despondency that engulfs the excitement of online classes was world at present . Their perspective beginning to wear off, but as the and interpretation of 'hope' truly campaign was launched by the instilled in each one of us a sense of Education Minister of Punjab, it joy and positivity. From reciting their spread a wave of eagerness and self-written poems, to singing songs enthusiasm amongst children, and had with zeal, to dancing on the viral a domino effect on the teachers as song 'Muskurayega India', to well.

dedicating songs to the corona Over 90 students from classes VI to X warriors, to finding hope and joy in

the blooming flowers and the painted sky, the students did not leave any stone unturned.

Inaavat Grewal of class X E was awarded a consolation prize for her

Here are the video links of some of the students who participated in the event and brought a smile to each one of our faces-

Aryan Gupta - 6th E, Hargun Gill -7th O, Sifet Kaur - 7th P, Rabbani Batra - 8th P, Pavit Panag - 12th, Mridvika - 8th O

...IN POPULAR PARLANCE!

A compilation of words that have held the fancy and been most widely used by the people during the last four months-

Quarantine Online classes Vaccine Lockdown Trials **Positive** Negative Virus COVID-19 Contagious Pandemic Community spread Antibodies Coronavirus Ventilators Isolation Flattening the curve **Epidemic** Super Spreader Social-Distancing **Symptoms** Herd Immunity **Immunity Boosters** Contact Tracing Mortality Rate Self -Quarantine

Masks Sanitizers



Daksh Taneja, VIII-N

11

WHAT WE GATHERED FROM OUR COUNSELLING CLASSES?

With an unprecedented pandemic in motion, it is natural for children and adolescents to feel confused, irritated and even hopeless. We can experience a lack of concentration and feel unable to focus on the task at hand. Hence, to battle this novel psychological stress, our School Counsellor, **Ms. Kiran Sangeeta Murli**, equipped the students with some valuable tips during the regular counselling classes.

- **A. Awareness:** This involves acknowledging your emotions as they come and being conscious about them. Write or record your feelings to understand them.
- **B.** Be in the Present: Don't overthink about the future or the past. Remain mindful of the present. Accept not to worry about the things that are not in your control.
- C. Cheer up! Be an Optimist: Even if the grass is greener on the other side, see the positive aspects of your life.
- **D. Do not Overdo:** This encompasses everything, be it social media, binge watching netflix or even study. Maintain a proper balance of different activities to achieve peace.
- **E. Engage Purposefully:** Due to lack of routine, it is easy to be lazy but that may end up making you feel dejected. Respect and make use of your time to build up new skills.
- **F. Follow a Routine:** In order to prevent a chaotic mind, make a small list of what you plan to do during the day. This would give structure to your day.
- **G Gratitude:** Be grateful for your safety and your good fortune. Utilize this time to give back to others who are less blessed.

Hinam Walia, X-N

NEVER THE TWAIN SHALL MEET...!

1. Epidemic and Pandemic

- Epidemic is an outbreak that affects many people at one time and can spread through one or several communities
- Pandemic- is the term used to describe an epidemic when the spread is global
- 2. Isolation and Quarantine
- Isolation- separates sick people with a contagious disease from people who are not sick.
- Quarantine- separates people who were exposed to a contagious disease to see if they become sick. These people may have been exposed to a disease

and do not know about it, or they may have the disease but do not show symptoms.

In short, isolation is recommended if a person is sick and quarantine is if a person might be sick

- 3. Vaccine and Medicine
- Vaccine- is something that helps develop immunity to a disease, without having to get the disease first.
- Medicine- Medicine is administered to treat or cure a disease after one has caught it In short, vaccine is preventive in nature, whereas medicine is curative.

- traffic congestion index, while rural and urban unemployment are also back to pre-COVID levels.
- The recently surging benchmark indices on the stock exchanges, driven by liquidity, has been another indication in the positive direction.
- The Unified Payments Interface (UPI) recorded the highest volume in July with 1.49 billion transactions
- The Indian online grocery market is estimated to exceed sales of about Rs 22,500 crore (US\$ 3.19 billion) in 2020, witnessing a significant 76 per cent jump over the previous year. It can exceed US\$ 3 billion sales in 2020 according to Sanjiv Goenka, founder of an Indian conglomerate RCSG-Group.
 - Start-ups and the farming market show potential to repair, to rebuild and renew our economic tryst with developmental aspirations.
 - India is among the handful of countries that are projected to cling on to somewhat tenuously to positive growth at 1.9%. This is the highest growth rate among the G20 economies as estimated by the IMF.
- Just like the RBI Governor, Shaktikanta Das, mentioned in his speech, despite the deterioration in the 'financial landscape' light still manages to shine through.

COVID -19 AND THE SILVER LINING 'IN THE INDIAN ECONOMY

Somewhere amidst the all time low stock crashes and the wealth crisis, we might find our economy overshadowed by the dark clouds. But all clouds have a silver lining and here are the proofs of our silver lining:

- India ranks first in number of organic farmers and ninth in terms of area under organic farming
- Indian fantasy sports platforms report three-fold jump in revenue for the Fiscal Year'20
- Economists report that while the medium of exchange was unsettled for some time, the production of goods and services did not stop. In fact, opportunities for India have opened up on the manufacturing front especially with Japan and US as tariffs restrict China's export.
- New Delhi, the capital and the worst affected city, has seen continuous improvement in

Jannat Teja, XII-Commerce

10 PANDEMICS THAT HAVE SHAKEN THE WORLD IN THE PAST

1. 430 B.C: Typhoid Fever

The earliest recorded pandemic that is known to have wiped off almost two-thirds of the population in several countries, especially Libya, Ethiopia and Egypt. The disease was detected to be Typhoid fever, the symptoms of which were fever, thirst, bloody throat and tongue, red skin and lesions.

2. 541 A.D.: Justinian Plague

The Justinian Plague first appeared in Egypt and soon spread to the Mediterranean areas. The pandemic resurfaced twice over the next two centuries, killing over 50 million people or 26 percent of the world population.

3. 11th Century: Leprosy

Though it had been around for ages, leprosy grew into a full-fledged pandemic in the Middle ages. Leprosy, in those days, was believed to be a punishment from God that led to the ostracization of victims. The disease is still common in many parts of the world.

4. 1350: The Black Death

Perhaps, the most deeply etched pandemic in human memory, the Black Death was a form of plague that caused the death of one-third of the world's population. It started in Asia and soon spread to Europe, affecting countries like England and France the most.

5. 1665: The Great Plague of London

This was a form of the bubonic plague that led to the deaths of 20 percent of London's population. As human death toll mounted, hundreds of thousands of cats and dogs were slaughtered as they were suspected to be the possible cause of the disease

6. 1817: First Cholera Pandemic

This was the first of the seven cholera pandemics that were to rock the world over the next 150 years. The infection originated in Russia, was passed on to British soldiers who, besides India, spread it to Spain, Africa, Indonesia, China, Japan, Italy, Germany and America in due course of time.

7. 1918: Spanish Flu

This avian-borne flu resulted in the death of almost 50 million people all over the world. It was first observed in Europe, the United States and Asia from where it swiftly spread to other parts of the world.

8. 1981-HIV/AIDS

AIDS (Acquired Immune Deficiency Syndrome) was first officially identified in the year 1981. The disorder, as we are familiar with, destroys a person's immune system, resulting in eventual death.

9. 2003: SARS

The SARS (Severe Acute Respiratory Syndrome) pandemic broke out on a global scale in 2003. A variation of the Corona family, it is believed to have started with bats, spreading to cats and then to humans. SARS is characterized by respiratory problems, dry cough, fever and head and body aches

10. COVID-19

The first case of COVID -19 virus was detected in December, 2019, in Wuhan of China. It was officially declared a pandemic by the World Health Organization in March, 2020.

The world is battling the pandemic and efforts are still on to find a suitable cure to it.

STAFF NEWS

Senior teachers, Mrs. Sukhjinder Dearest ma'am, we wish you happy, Sandhu, Mr. Onkar Singh and Mrs. prosperous, healthy and safe years Gurpreet Bedi retired after rendering ahead. All the best!" yeoman's service to the School . Mrs. Sarita Pathania also left the School after a stint of three years. YPS family wishes all of them a happy and fulfilling life ahead. We are, indeed, thankful to them for their the whole school has been like a contribution.

valedictory note for her colleague, students all made it possible for me Mrs. Sukhjinder Sandhu –

"Goodbyes are not easy, especially when they come after 31 years 3 months in an institute.Our dearest Sukhjinder Sandhu ma'am, after spending almost half her life in YPS, bid goodbye to the School.

Sandhu ma'am was a member of the Punjabi faculty in the Junior School .A dedicated and committed teacher, pleasure to see those little angels she was always there for the children become in her own quiet way. Gentle in her today. dealings, she was liked by one and all. For her colleagues, she was always there to help, lend a listening ear, guide the newcomers and offer any assistance whenever needed.

During her long tenure, she has been a part of thousands of Yadavindrians' schooling, who all remember her supportive. dearly!

Mrs. Gurpreet Bedi fondly remembers her years spent at YPS-

"Being associated with YPS, Patiala, was the best thing in my life. For me close- knit family, the Head, my Mrs. Tarinder Kaur writes a seniors, my colleagues and the to cherish every moment . I have been a gainer in all respects -be it resources, knowledge, and above all, life time relationships which will be treasured throughout my life. .Going down the memory lane, the love given to me by the little ones makes a lump rise in my throat. It is a successful youngsters

> From the depth of my heart, I thank everyone who stood by me.I thank God for giving me the opportunity to be a part of YPS. It was definitely like a dream come true. I thank everyone including the parents for being so

GOD BLESS ALL!"

Mr. Onkar Singh reflects on his years at YPS--

" I have spent some of the most wonderful years of life at YPS, Patiala. I joined the School in 1994 and it is, surely, a very poignant and emotional moment for me to leave after more than two decades and a half.

I got the opportunity to serve this institution in various capacities. Besides teaching my subject, I served as HOD, Housemaster (in fact, perhaps, the only individual to have been Housemaster of all the three Houses of the School), Assistant Sports 'Officer, co-editor of the School Year Book and incharge and coach of the School Hockey team for many years. All these responsibilities, especially mentoring the Hockey Team, were experiences that are unforgettable as they helped me see new horizons and widen my outlook . I shall forever be grateful to the School for providing me these opportunities. I am also thankful to my colleagues and my dear students for all the love and affection they showered

Though, I bid good by e to the School in person, yet it shall be always live in my thoughts! May God bless YPS!"

OBITUARY

We regret to inform of the sudden and untimely demise of one of the senior- most members of the School's administrative faculty, Mr. Lovekesh Jindal. Mr. Jindal had been serving the institution for over two decades and was known for his devotion, commitment and sincerity towards his job. The YPS family deeply condoles his death and prays for a pacific repose of the departed soul. He will be missed!

Staff Editors - Mr. Navin Verma, Mrs. Arshdeep Mangat,

Hindi Section - Mrs. Sunita Kumari

Photographs – Mr. Ashutosh Tripathi

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Hinam Walia, Poorva Puri, Udaiveer Singh, Sarvagya Thapliyal, Rabbani Batra,

Raissa Batra, Gunmay Garg

उभ्मोद

साहस से खड़ेंगे हम मुश्किलों के आगे, कोरोना जैसा विषाणु फिर गिर जाए मुख झुका के।

घरों के अंदर रह कर, साबुन से हाथ धोएंगे एक दूसरे से दूर रह कर, यह जंग हम जीत जाएंगे।

फिर दोस्तो हम मिल कर, दिवाली-होली मनाएंगे। दुम दबाकर भागेगी यह कोविड-१९ महामामी, कहते हुए मुझ पर पड़ गया यह संसार भारा।

पेड़-पौधे, पशु-पक्षी चह-चहाएंगे, निखरी हुई कुदरत का हम एक नया रूप पाएंगे॥

Divroop Kaur Sandhu VIII-O

हमारा कर्तव्य

आज समस्त विश्व में नोवल कोरोना वायरस, जिसे कोविड-१९ के नाम से भी जाना जाता है, जंगल की आग की तरह फल चुका है। इसने कुछ ही समय में महामारी का रूप ले लिया है। यह ऐसे वायरस परिवार से है जो सामान्य जुकाम से लेकर गंभीर स्वरूप की बीमारी जैसे कि मिडल ईस्ट रेस्पिरेटरी सिंड्रोम कोरोना वायरस और सीवियर एक्यूट रेस्पिरेटरी सिंड्रोम कोरोना वायरस का कारण बनता है।

नोवल कोरोना वायरस की पहचान चीन के वुहान शहर में दिसंबर २०१९ में हुई थी। यह एक नया कोरोना वायरस है जिसे मनुष्यों में पहले कभी नहीं देखा गया था। यह एक अति संक्रामक रोग है जो बड़ी-तीव्रता से एक इन्सान से दूसरे इन्सान को अपनी जकड़ में ले लेता है। इसकी वजह से खासकर वृद्ध व्यक्तियों और जो लोग दूसरी बीमारियों से पहले से ही पीड़ित हैं, में सामान्य व्यक्तियों से ज्यादा संक्रमित होने का खतरा देखा जा रहा है। इसलिए इसके संक्रमण से बचने के लिए कुछ नियमों का पालन करना बहुत आवश्यक है- जैसे कि शिष्टाचार बनाए रखना, हाथ स्वच्छता का पूरा ध्यान रखना, कीट निवारकों का उपयोग करना, मास्क पहनना, सबसे दूरी रखना, आदि। यह तरीके इस संक्रमण से बचने के लिए आसान और प्रभावी सिद्ध हुए हैं।

इस वैश्विक महामारी की वजह से पूरी दुनिया में कोहराम मच गया है। अतः हम सभी नागरिकों का समाज के प्रति कर्तव्य बनता है कि हम कोरोना बीमारी को फैलने से रोकने के लिए समस्त नियमों का पालन करें।

सुखद सतरा

आज दुखद सवेरा आया है, सुखद सवेरा जल्द आएगा, आज कोरोना आया है, कल कोई जादूई टोना लाएगा। घर में रहकर समय बिताया. हर जगह मोदी जी का समाचार आया, घर की साफ-सफाई रखना हम सभी ने बढ़ाया, ऐसे ही हमने जीत की और पहला कदम बढ़ाया। छाई हरियाली चारों ओर, खुशियां बटी सबमें बहुत। जैसे राहत मिली धरती को गंदे धुंए से, वैसे मिली इन्सान को रोज़ की भाग-दौड़ से। ख्याल नहीं अगर तुम्हें अपना, पर उसे रहेगा ख्याल तुम्हारा, जान नहीं प्यारी अगर अपनी तुमको, पर जहान में सबकी जान प्यारी है उस रब को। ध्यान अब अपना खुद रखना है, हर कीमत पर जान बचानी है क्योंकि, आज दुखद सवेरा आया है, कल सुखद सवेरा नुरूर आएगा।

> Srishti XI-Arts

हम अंदर तो कोरोना बाहर

सारा संसार कोरोना वायरस में उलझ गया है। यह लगभग हर देश में फैला हुआ है। यह एक ऐसा वायरस है जो छूने से फेलता है। संसार भयभीत है और इसकी दवा कोई नहीं बना पा रहा है। इस वायरस ने बड़ी बड़ी हदें तोड़ दी हैं।

अमेरिका और ईटली जैसे महान देशों को भी इस खतरनाक बीमारी ने उजाड़ दिया है। भारत भी इसका शिकार बन चुका है, और रूस भी इसे रोक नहीं पाया। चीन से शुरू होकर अब सारा संसार बुरी तरह फंस चुका है।

हर देश ने लॉकडाऊन कर दिया था पर फिर भी बचना असंभव हुआ। भारत ने बहुत ही अच्छे समय पर यह लॉकडाऊन किया और भारत इस संक्रमण से फिर भी कुछ हद तक बचा है। भारत में मरीज़ों का ख्याल बहुत उत्तम तरीके से रखा जा रहा है और भारतीय लोग नियमों का पालन कर रहें हैं।

इस वायरस में सबसे ज़रूरी चीज़ मास्क है और हमें हाथ धोते रहना चाहिए। हमें घबराना नहीं है बल्कि सरकार के नियमों की पालना करनी है। यह वायरस हमें तब तक नहीं हरा सकता जब तक हम घर के अंदर रहेंगे और मास्क का प्रयोग करेंगे। हमें सावधान रहना चाहिए और खुद सुरक्षित रहकर देश को सुरक्षित रखने का प्रणलेना चाहिए।

शत-शत नमन

जब मानव था प्रगति के पथ पर अग्रसर मंगल ग्रह पर ढूँढ रहा था जीवन के अवसर तभी उसे सच्चाई से अवगत करवाने, एक भयंकर आपदा आई, कोरोना महामारी सेमानव जाति घबराई मानव जीवन सारा हो गया अस्त व्यस्त काम-काज छूटा, आना-जाना छूटा गले मिलना, हाथ मिलाना छूटा सामाजिक दूरी हुई ज़रूरी घर पर ही रहकर पढ़ना बनी हमारी मजबूरी। पर विद्यालय ने हमे इस संकट से बचाया। घर पर ही हमारी शिक्षा का समुचित प्रबंध करवाया। विद्यालय की कमी हमें न खलने दी। घर पर ही विद्यालय को पहुँचाया। इतना ही नहीं, जब जब हुआ हमारा व्यधितमन इस मुश्किल घड़ी से हमें उभारा। समय-समय पर 'काऊंसलिंग सेशन' से दिया सहारा। निराश न होने दिया हम बच्चों का मन। मेरे विद्यालय वाई.पी.एस. को शत-शत नमन।

Chetanya Singla, XI-Science

